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## Online Rideshare Effort Grows

By Anne Marie Cummings

When John Zimmer, a Cornell alumnus, co-founded Zimride, a private company in California, which has established way to carpool utilizing the power of the Internet, it was mere coincidence that the name of his company started with the first three letters of his name.

According to Fernando de Aragón, staff director of the Ithaca-Tompkins County Transportation Council (ITCTC) and project manager of Zimride in Ithaca, “Logan Green, co-founder of Zimride and its CEO, created the name Zimride because he was inspired by ‘tro tros,’ shared taxis that he saw people using when he took a trip to Zimbabwe.”

Here’s how it works: go to [www.zimride.com/tompkins](http://www.zimride.com/tompkins), type in the place you’re starting from, where you’re going to, the date you want to travel, and then you’ll connect with people going your way.

There’s also synergy between Zimride, Facebook and Twitter. Zimmer says this has been done in order to establish trust between users. Facebook allows people to see photos and personal profiles, and friends in common. Zimride pro-

vides these options before you decide to share a ride with someone.

Zimride launched in 2008 at Cornell University (CU), as part of an effort that has intentionally focused on college and university communities such as Harvard University, Dartmouth College, the University of Michigan and San Diego State University, to name a few. Now Zimride has more than 300,000 users in the U.S., some global users and 80 institutions currently using its services.

“CU and the University of California, Los Angeles are among the highest number of Zimride users,” says Zimmer, also Zimride’s chief operating officer.

However, Zimride at Cornell initially was limited to the campus, and is one of four options the university provided for students looking to carpool. Other options Cornell currently suggests are Craigslist and Uloop, which some might view as precarious carpool offerings, and iCarpool, an international carpool network no longer available to students through Cornell.

When Zimride expanded beyond the Cornell campus on Jan. 4, the 5,000 CU students who had enrolled were provided with a much broader version of the pro-



Photo by Anne Marie Cummings

**Fernando de Aragón, left, staff director of the Ithaca-Tompkins County Transportation Council and project manager of Zimride in Ithaca, and Dwight Mengel, chief planner with Tompkins County Department of Social Services.**

gram. The fact is, this simple way to catch a ride, or provide a ride with friends, classmates and coworkers, may very well be the green commuter answer for those at Cornell, Ithaca College (IC) and Tompkins Cortland Community College (TC3). It may also offer an opportunity for those outside the campus scene looking to buy and sell empty seats in their vehicles, as Tompkins County has its own portal on the Ithaca Zimride website.

“Tompkins County has been a leader and innovator in modern transportation solutions, and we were

happy to partner with them on our first county portal,” Zimmer says. “And since starting with Tompkins County we have received interest from several other county and state governments.”

The New York State Energy Research and Development Authority awarded a \$54,000 grant to the Tompkins Rideshare Coalition in May, 2010. This set Zimride in Ithaca in motion for ITCTC, manager of the Ithaca Zimride project, and those actively involved. They include representatives from Cornell, IC, TC3, TCAT, Way2Go

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## Town Honors Conservationists

By Tina Wright

The Town of Ithaca presents the Richard B. Fischer Environmental Conservation Award each year to individuals or organizations that have worked to improve the town’s natural environment. The town’s conservation board is accepting nominations until Feb. 28 to recognize folks who have improved the environment “on the ground,” enhanced environmental awareness or pushed effective enforcement of beneficial environmental regulations in 2010.

Award-winners are honored with a plaque in the town hall and a ceremony at a town park where a tree is planted in the honoree’s name. Since the award’s inception in 2003, a wide variety of individuals and organizations have been honored: Betsy Darlington, Dan Hoffman, the Museum of the Earth at PRI, Jane Moon Clark, the Ithaca College Natural Lands Committee, the Cayuga Trail Club’s Tom Reimers and A. Carl Leopold.



Photo by Tina Wright

**Last May a serviceberry tree was planted here at East Shore Park on Cayuga Lake to honor the late A. Carl Leopold, the Richard B. Fischer Environmental Conservation Award-winner.**

Richard Fischer, one of the founding members of the Town of Ithaca Conservation Board, taught popular courses at Cornell in environmental writing, photography and field natural history for 32 years. Until his death in 2005, he continued to work for conservation causes, especially his most famous campaign to erect bluebird houses throughout Tompkins County.

Fischer served for 20 years on the Tompkins County Environmental Management Council and served for more than 15 years on the Natural Areas Commission, formerly known as the City of Ithaca Six Mile Creek Advisory Committee.

Michael Smith, environmental planner for the Town of Ithaca, says that Fischer inspired others with his vast knowledge. “I

was told that you could go out for a walk [with Fischer] and hear a bird and he could name it. He was just very knowledgeable about that kind of thing, very interested in helping bluebirds. It wasn’t just town-related things. He was dealing with state legislation, dealing with the beverage container deposit return. So he had a big environmental background along with being on the conservation board.”

The “bottle bill” legislation, passed in 1982, has helped keep litter off New York State roads for decades. Although a naturalist very at home in the woods, Fischer could play hardball in politics. He led a “Cans for Carey” campaign to mail cans to New York’s governor at the time, Hugh Carey. And he once picked up all the cans and bottles between his campus office and a special meeting between faculty representatives and PR people from the bottling industry. He hid them in his coat and then ceremoniously presented

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# Legislature Committees Set for 2011

By Tompkins Weekly Staff

The Tompkins County Legislature's committee structure will remain much the same for the coming year, but Chairperson Martha Robertson's committee assignments and appointments, made on Jan. 18, contain several key changes.

Regarding chairmanships, Carol Chock will succeed Dooley Kiefer as chair of the Facilities and Infrastructure Committee and Peter Stein will replace Nathan Shinagawa as chair of Public Safety. Shinagawa, as vice chair of the budget committee, which has been renamed Budget, Capital and Personnel, has been asked to take special leadership responsibility to focus on the committee's personnel issues, especially the need to diversify the county's workforce.

Jim Dennis will continue to chair the budget committee this year; Mike Lane will head Government Operations, Frank Proto is the Health and Human Services chair and Pam Mackesey

leads the Planning, Development, and Environmental Quality Committee.

The Capital Plan Review Committee, with Robertson continuing as chair, will remain a special committee in 2011, with Leslyn McBean-Claiborne continuing as chair of the Workforce Diversity and Inclusion Committee and Pat Pryor continuing to chair the Broadband Committee, with Dave McKenna serving as vice chair.

Among suggested committee goals, Robertson proposed that the Budget Committee work with county administration to take a fresh look at the Legislature's budget process; that Facilities and Infrastructure look for ways to improve communications with the public about road and construction projects; that Government Operations define a transparent and inclusive process for redistricting, considering establishment of an independent body to tackle that important task.

Among her recommendations, Robertson suggested the planning

committee focus to a greater extent on economic development, with greater engagement with the Workforce Development, Tompkins County Area Development and others involved in creating jobs and supporting economic activity. She also recommended that Public Safety review data on speeding on county roads and develop ideas to mitigate the problem, and that Health and Human Services participate in the process of advising the state and the New York State Association of Counties on Medicaid and other mandates, oversee the move by the Office for the Aging, and recommend action on the future of the County's Certified Home Health Agency.

The legislature last week also voted to conduct an expert review of the county's Certified Home Health Agency (CHHA), awarding the firm of Jack Venesky, CPA & Associates, of Syracuse, the contract to support the first phase of the study, at a cost not to exceed \$17,500, which will assist the county in identifying ways to improve efficiencies, identify internal cost controls, and says to maximize revenues for operation and management of the agency.

The project is intended to help the county objectively examine the range of financial and operating options to increase agency efficiency and decrease costs, while preserving the quality of services to clients.

Funds to support the study were set aside in the 2011 budget to support the study to help determine whether the county can continue to operate the CHHA without the current \$400,000 annual property tax subsidy.

The legislature also decided to spend \$215,000 from the Housing Fund, as recommended by the fund's program oversight committee, to help support two affordable housing programs in the county. The Ithaca Neighborhood Housing Services Community Housing Trust was awarded a \$140,000 grant to assist in development of seven units of energy-efficient scattered

site housing located in the City of Ithaca, to be sold to low-income first time homebuyers, providing a development subsidy of \$20,000 per unit, one of several subsidies that enable affordability.

Better Housing for Tompkins County received a \$75,000 loan to help support preliminary expenses for development of an 80-unit multi-family affordable housing development on Northwoods Drive in Lansing.

The Community Housing Affordability Program and Community Housing Trust Program, collectively known as the Housing Fund, are a joint effort of Tompkins County, the City of Ithaca and Cornell University and will help communities and organizations throughout Tompkins County respond to the diverse affordable housing needs of their residents. Projects must include units of affordable housing for low and moderate income households.

## Poet Laureate Named

Robertson has appointed Gail Holst-Warhaft as Tompkins County Poet Laureate for 2011. Born in Australia, the new Poet Laureate brings to the position experience as a journalist, broadcaster, writer, academic, musician, poet and translator. An adjunct professor of Near Eastern Studies, Comparative Literature and Classics at Cornell, Holst-Warhaft currently directs a program of Mediterranean Studies.

"Among a number of highly qualified nominees, Gail stood out for the diversity of her work and the eloquent power of her poetry," Robertson said. "I look forward to seeing the special touch that she will bring to this important post. I also want to thank the panel who made this selection: Brett Bossard of the Community Arts Partnership, two of our past Poets Laureate, Paul Hamill and Michelle Courtney Berry, our 2010 Laureate Jay Leeming, legislator Leslyn McBean-Claiborne, and former chair of the legislature Stuart

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Marcia Fort, executive director of the Greater Ithaca Activities Center, acknowledges the contributions of many during GIAC's annual Martin Luther King Jr. Community Breakfast and Awards Ceremony held Jan. 15 in the Beverly J. Martin Elementary School gym. An estimated 500 members of the Ithaca community attended the event.

Photo by Dave Burbank Photography.com

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# Farmers Find Available Land is Scarce

By Rebecca Reeves

Organic. It's a word that has become a lifestyle movement, plastered on labels for all sorts of goods. Organic dairy, produce and grains are abundant in Tompkins County, but not necessarily produced locally.

Fulfilling the community's demand for organic foods is no easy feat, especially when the land required is unavailable. Farms that do supply the area do not look the way they used to—the traditional farm has shifted from generations of ownership by a family to scattered plots of land managed part-time.

According to the 2010 Tompkins County Conservation Plan, our county has only enough active farmland to feed a fraction of its households. To support today's American diet, about 1.2 acres of cropland and two acres of pastureland are required per capita. Based on this estimate, Tompkins County's current, actively farmed 71,849 acres would feed only 22,452 individuals, or about 25 percent of the county's household population.

Three opportunity areas have been identified for enhancing agricultural viability in Tompkins County: organic farming, renewable energy, and value-added product diversification, the Conservation Plan states.

Six local dairy farms have converted to organic, which means they now abide by a different set of U.S. Department of Agriculture regulations to earn their organic certification. These regulations include the exclusion of genetically-engineered organisms, synthetic fertilizers, synthetic pesticides, preventative antibiotics, growth hormones, artificial flavors and colors, and preservatives, according to Cornell Cooperative Extension.

On Heritage Farm in King Ferry, John and Nancy Shaw's method of organic fertilizing uses what is known as "green manure." This consists of plants such as clover, wheat and barley that are plowed back into the ground as cover-

crops.

John and Nancy are familiar with the hardships of starting an organic farming business. Although they both work full-time jobs—John at an area salt mine and Nancy at Cornell—farming is an activity they find the time for and love to do, she says.

But, says John, "It's difficult to find land to rent." The Shaws are not alone in their struggle to find available farmland: active agricultural land has decreased continuously since 1969, returning to forest or giving way to commercial and residential development, according to the county Conservation Plan.

In the Tompkins County Agricultural Resource Focus Areas [ARFA], 29 percent of actively farmed land is leased.

Currently, the Shaws manage 30 plots of land they rent to farm; some as small as a third of an acre, some up to 50 acres each. The products of their labor include fresh organic corn, wheat, rye, barley, soybeans for feeding livestock, and triticale, used for baking flour and livestock feed.

Of all their plots, one in Lansing at the intersection of Warren and Asbury roads is the furthest from their home in King Ferry. It takes about an hour to get there with the tractor, John says.

While it can be tough to manage so many different farm areas, the variety also has some advantages. "If there's a pest infestation, it's contained in one plot and doesn't spread through everything," John notes.

He grew up on a farm and has been involved in agriculture his whole life. He and his wife opened Heritage Farms in 2007. Their operation began the old-fashioned way, with a vegetable stand at the end of the driveway that did surprisingly well.

Word of mouth has been their primary marketing strategy, with Nancy occasionally bringing samples of their food into work so people may try it and place orders. So far it's worked out for them, along with researching local prices and



Photo by Rebecca Reeves

**This plot of land at the corner of Warren and Asbury roads in Lansing is one of 30 parcels that John and Nancy Shaw rent for organic farming.**

aiming below the average cost.

The couple hopes to be able to farm full-time in the next year or so, although they may have to forgo farming during the winter and maintain other jobs.

The bitter cold of upstate New York winters makes it especially challenging for those in the farming industry, but the Shaws still work the land as much as they can. John says he was able to plow the

land recently before the ground froze.

Those interested in placing orders for their organic products, or who want more information, can call John and Nancy Shaw at (315) 364.7834. Messages can be left on the answering machine, as they come and go frequently between work and the farm. The Shaws can also be contacted via their website, [heritageharvesters.com](http://heritageharvesters.com).

## Hospicare Offers Volunteer Training

Hospicare & Palliative Care Services of Tompkins County is offering a training series for individuals interested in volunteering their time assisting patients with advanced illness and supporting their families.

Hospicare's volunteers are thoroughly trained in the goals and philosophy of hospice care, as well as the care and comfort of the hospice patient.

Volunteers are an essential part of the hospice team. They cook meals, offer companionship, provide respite care, perform light housekeeping duties and more. Licensed massage therapists are

also needed to give massages to patients, and musicians are welcome to apply to play music for patients and their families.

Upcoming training dates (three consecutive weeks on Monday and Tuesday nights) are March 28 and 29 from 5:30-9 p.m. and April 4, 5, 11 and 12 from 5:30-9 p.m. Volunteers must complete all six sessions. Light refreshments will be provided.

Training sessions will be held at the Nina K. Miller Hospicare Center, 172 E. King Road, Ithaca.

For more information contact Wendy Yettru at 272-0212, or [wyettru@hospicare.org](mailto:wyettru@hospicare.org).

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# Vanpool a Viable Option for Commuters

By Patricia Brhel

Nine people at Cornell University are pioneering a new way to commute to work in this area and in New York State, the Vanpool. It's not a totally original concept. VPSI, the Troy, Michigan-based company that supplied the van, has been helping thousands of workers get to their place of employment for nearly 35 years. VPSI supplies the van, the maintenance, license and registration fees.

A group, from five to 15 commuters, forms a vanpool and agrees to split the expenses of the van and fuel. Each contributes about \$50 to \$100 a month depending on distance traveled, number of passengers and other variables. In the case of the Cornell commuters, the university helps subsidize the cost, which is about \$50 per month for each person in the nine-passenger vehicle. The only other cost to the employees is their share of the gas, which is less than \$10 per week per person.

David Lieb, Cornell's associate director for transportation services, notes, "The cost to those riding the van is less than half of what they'd be paying to use their own vehicles. There is also a lot less stress for those not driving. They can read, sleep, work on papers or just watch the scenery."

Joe Turcotte, general manager of TCAT, explains that, "The energy to put this together came from the riders as much as TCAT. We've recognized that traditional bus routes can't serve everyone equally well. The timing was perfect, in that we put together the information about



Photo by Patricia Brhel

**Supporters of the new vanpool effort include, from left, David Lieb, associate director for transportation at Cornell; Joe Turcotte, general manager of TCAT; and Hank Dullea, chairman of the TCAT board.**

this program at the same time [the] group needed to do something different. Rising gas prices may prompt others to form similar groups."

According to Hank Dullea, chairman of the TCAT board, some 13,000 people commute into Tompkins County for work every day. Another 3,500 leave Tompkins to work in nearby counties. "If everyone who could logistically do it helped form a vanpool, this would take a lot of vehicles off the road. It would be better for the ecology and less expensive for those involved. In this case it cuts the number of vehicles from nine to one, which significantly reduces overall fuel consumption, the output of greenhouse gasses and toxic emissions," he says.

Questions that arose when planning the vanpool included a lot of "what ifs," which were answered to the individual riders' satisfaction. For instance, on the occasional day when lunch hour errands must be run, or when emergencies occur, commuters are not stuck if they take the vanpool. Cornell has emergency transportation available to anyone who carpools or takes the bus if a family emergency arises and they must get home.

There are also taxis and buses in Ithaca and there is Ithaca CarShare, which can provide either an auto or truck for those needing transportation for doctors appointments and other errands and a commuter has not brought their personal vehicle to work.

Cornell employee Wendy Treat was behind the final push to get the new vanpool started and is the main driver for the new van. With eight other mostly Cornell employees living in and near Watkins Glen in Schuyler County, she formed a group that agreed to commute together. She parks the van at her house when it's not in use and picks

up her fellow commuters at designated spots each morning.

She is responsible for keeping track of the paperwork, taking the van in for routine oil changes and maintenance and other minor administrative details. "We found out in November that Schuyler County was going to eliminate the bus route that brought us to our jobs at Cornell University. I was really not looking forward to returning to using my personal vehicle for the daily commute because of the expense, the wear and tear on my vehicle and because it's not much fun driving alone," she says.

"I had heard about the vanpool idea and it sounded good to me. The alternatives would have been for each of us to drive individually or to create informal carpools. I started talking to everyone who rode the bus with me and we decided to give this a try," Treat continues. "We got the van on Dec. 21 and it's been really great. I'm the main driver, and we have two others trained as alternative drivers."

"The van is easy to handle, even on snowy roads, and it's warm and comfortable to ride in," says Treat. "I find that people can turn on the reading lights in back and it doesn't bother me, doesn't interfere with my driving. We all chip in for the gas, and so far that cost has been less than expected. In our case, it isn't like riding with strangers, either, as we'd all been riding on the bus together before we formed the vanpool. It's really been great, I'd encourage more people to give it a try."

Cornell employees can get more information at [www.commuting.cornell.edu](http://www.commuting.cornell.edu). General information on the VPSI programs can be found at [www.vanride.com](http://www.vanride.com) or by calling (800) VANRIDE. Sign up information for Ithaca CarShare can be found at [IthacaCarShare.org](http://IthacaCarShare.org), by calling 277-3210; at [Way2GoInfo.org](http://Way2GoInfo.org), 272-2292 or at GIAC, 272-3622.

## T-burg Chamber Meeting Announced

The Trumansburg Area Chamber of Commerce (TACC) will hold its first 2011 meeting at Glenwood Pines on Wednesday, Feb. 9, featuring speakers Pamela Moss and Ravi Walsh.

Members and guests are invited to come and renew business relationships, meet new members, and enjoy a 30-minute program titled "Resolution Making and Keeping in Professional Situations." The program will follow a hot soup and sandwich lunch served at noon.

Attendees are asked to park in the lower lot where they can walk directly into the lower dining room. Reservations are welcome by contacting president Cheryl Reynolds [creynolds@tompkinstrust.com](mailto:creynolds@tompkinstrust.com). An all-inclusive \$12 fee will be collected at the door.

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# Festival to Feature Prominent Pickers

By Pamela Goddard

Are you suffering from the mid-winter blues? Perhaps a strong dose of bluegrass will warm your spirit.

The first annual Winter Village Bluegrass Festival, Jan. 28-30, is a weekend of concerts, workshops, showcases, master classes and jamming for bluegrass musicians and music lovers seeking inspiration in the midst of a Finger Lakes winter.

Hosted by La Tourelle Resort and Spa, the event features the Grammy-nominated Claire Lynch Band as the headliner that will sparkle in the setting of this cozy country inn overlooking Cayuga Lake.

Inspiration for the festival came from the experiences of Rick Manning, a founding member of Cornerstone, Ithaca's most popular bluegrass band in the 1990s. During that time, the band performed at many festivals throughout the country including the "Winter-grass" festival in Bellingham, Wash.

"It was so pleasant to be inside, playing in a cozy hotel," Manning remembers. That memory revived two years ago, when a friend encouraged Manning to attend a similar event outside of Boston.

"I had a really good time. The thought crossed my mind that we should do something like this in Ithaca," he says. "There was this huge hotel off the Mass Pike, and it was full in the winter. I got to thinking about winter tourism based on my relationship with the Chamber of Commerce through the Waterfront Trail. This felt like an opportunity."

Manning shared his idea with Scott Wiggins, managing director of La Tourelle Resort and Spa. "I thought it was a great concept," says Wiggins. "Winter tourism is a good thing. We chose a weekend when the inn is not very full and blocked the time out for the festival. The concept of the entire hotel filled with music is thrilling. I think the space will work out just right. It will be intimate and a great

experience."

The Winter Village Bluegrass Festival features evening concerts, with the Claire Lynch Band and the Terry Burns-Ron Kristy Band opening on Friday night. Three bands—Cornerstone, the Jesse Alexander Band and Rebecca Colleen and the Chore Lads—open for the headliners on Saturday night.

There will also be performances on Saturday afternoon, featuring John Cadley and the Lost Boys, Cornerstone and Molly and the Motonix. A Sunday morning gospel concert will include Rebecca Colleen and the Chore Lads and John Cadley's band. All performances will be held in an intimate, 150-seat room. Sound will be provided by the excellent duo of Will Russell and Dana Paul.

The Festival opens on Friday at 5 p.m. with a reception in the La Tourelle lobby. Rebecca Colleen and the Chore Lads will play acoustic music and a cash bar will serve Ithaca Beer and Finger Lakes wines. On Friday and Saturday, a soul-satisfying buffet of Southern comfort food will be prepared by Samantha Izzo of the Simply Red Bistro for \$10 per person.

"The good news is, the hotel is sold out," says Wiggins. Additional people are being housed in other nearby hotels and bed-and-breakfast establishment. Concert tickets will be available for locals who don't need a hotel room.

"Claire has done a lot to promote the festival. She's really engaged with her career and is great to work with," says Manning. The Claire Lynch band is at the top of the bluegrass world's A-list. Lynch was chosen the 2010 Female Vocalist of the Year by the International Bluegrass Music Association.

"People are coming from far and wide to hear her," Manning adds. "She's got in intense southern voice with a lot of emotion, and is well respected by people like Dolly Parton and Linda Ronstadt."

Dee Specker, Bobby Henrie, and Dana Paul will join Rick Manning for the Cornerstone reunion.



Headlining the Winter Village Bluegrass Festival this weekend at La Tourelle Resort and Spa in Ithaca is the Claire Lynch Band.

"Cornerstone has always been about the songs more than the bluegrass intensity," says Manning. "The entire festival strikes a balance between being sensitive to the songs and intense picking. Claire Lynch manages to walk that line. All of the festival staff are about the songs."

The next generation of bluegrass will be represented by the Jesse Alexander Band and Rebecca Colleen and the Chore Lads. Both groups are family bands from the Finger Lakes region.

Sixteen-year-old Colleen sings with style, control, and sensitivity far beyond her years. She plays with her dad, Peter McDonald, and brother Patrick. Visitors may check out their refreshing interpretations of bluegrass and American roots music all weekend long.

The Alexanders host the summertime Pickin' in the Pasture Festival in Lodi. At only 12 years old, Jesse is an accomplished fiddler and mandolinist. "It's amazing how he's absorbed the bluegrass culture," Manning says. "Pickin' in the Pasture is popular, a real picker's destination."

Ithaca prides itself on being an education town, and the Winter Village Bluegrass Festival lives up to that identification. Members of the Claire Lynch Band and Andy Alexander will each present free, one-hour instrumental, vocal and

band workshops on Saturday.

"I like the opportunity to get up close with these musicians," Manning says. "These guys know what they're doing and they're able to explain it. This is bluegrass in the broader sense. Instrumentally, they arrange things in a very thoughtful way, and yet they have that bluegrass intensity as well."

Some amazing acoustic instruments will be on display and for sale throughout the weekend, courtesy of festival sponsors Bernunzio Uptown Music and Ithaca Guitar Works. They are sure to tempt the dozens of pickers making music in the inn's rooms and hallways from Friday evening through mid-day Sunday.

Rumor has it that there will be an outdoor campfire for those hardy Upstaters willing to brave the snowy hillside...or dreaming of summer in a Lodi pasture. "That's really the idea," says Manning. "To make a lot of music into the wee hours."

"If this works, I'd really like it to be bigger and better in the future," says Manning. "Maybe integrate this into downtown Ithaca, with shows at the State Theatre and other venues. That's where the 'Village' part of Winter Village Bluegrass will come in."

For ticket prices and more information go to <http://wintervillage-bluegrass.org>.



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# Climate Fund Grants Briefly... Help Local Families

By Gay Nicholson

*This is the latest installment in our Signs of Sustainability series, organized by Sustainable Tompkins. Visit them online at [www.sustainabletompkins.org](http://www.sustainabletompkins.org).*

Our county has set a goal of 80 percent reduction in greenhouse gas emissions by 2050. We are doing this out of a sense of mutual responsibility to do right by future generations. But we are also doing this because we believe it protects the interests and well being of current generations. The impacts of high energy prices and the loss of good-paying jobs are being felt now. Reducing emissions through energy efficiency and renewable energy investments saves money now and creates new high-quality jobs in the clean energy sector. Everybody wins.

Sustainable Tompkins is one of the community partners building the systems and infrastructure to help local residents participate fully in working toward our energy and climate goals. Our Finger Lakes Energy Challenge (formerly Marcellus Challenge) offers an online platform of resources to tap into and a pledge to help guide you forward on your personal journey to energy fitness.

Our Finger Lakes Climate Fund provides you with a local carbon offset fund where you can make donations to cover the cost of “canceling out” emissions from your travel or home energy use. Sustainable Tompkins does this by awarding climate fund grants to modest-income homeowners in our county who otherwise could not afford to invest in energy improvements.

Our whole approach to responsible energy use can be summed up as “reduce what you can; offset the rest.” This lets you harvest the benefits of energy savings in your home while helping someone else reach their goals. Everybody wins.

The good news is that it isn’t that

expensive to offset your unavoidable emissions. For example, the offset for a roundtrip flight to the West Coast is about \$20 (less than what the airline will charge you merely to carry your suitcase in one direction!). You can find out how easy it is to offset your emissions by visiting [www.fingerlakesclimatefund.org](http://www.fingerlakesclimatefund.org). Simply fill in your travel plans or home energy bills and our carbon calculator lets you know how much carbon dioxide you’ve emitted and how much it costs for us to offset those emissions.

Over the holidays, we were proud to issue our first climate fund grants to two local families in Tompkins County who would not have been able to go forward with necessary energy improvements without the support of the Finger Lakes Climate Fund. Thanks to our donors who took responsibility for their carbon emissions, the Ellis family is enjoying the benefits of a less drafty house and the clean-burning heat of a new wood pellet stove. Thanks to our donors, the Rosentel home in Lansing will get a major makeover of air sealing and insulation work along with a new furnace—resulting in heating bills that they can manage.

The Finger Lakes Climate Fund makes it easy to help others make their homes more energy efficient and economically stable. It also helps keep energy contractors working in our local economy. And for those embracing the notion of a shared responsibility for the future, our local climate fund makes it easy to “offset the rest” of their emissions as part of their personal plan for greater energy security. Everybody wins.

Check out [www.fingerlakesclimatefund.org](http://www.fingerlakesclimatefund.org) today and see how easy it is to offset your recent travels and help the next local family gain protection from high energy bills.

*Gay Nicholson is president of Sustainable Tompkins*

## Inside Albany Program for Students

Applications are now being accepted from Tompkins County high school juniors and seniors for Students Inside Albany, an annual student conference sponsored by the League of Women Voters of New York State Education Foundation. All students who have a genuine interest in government and a sense of adventure are encouraged to apply.

This year’s conference will be held April 10-13 in Albany. The Tompkins County student representative will join high school students from across the state to learn about New York State government and how citizens can participate in the policy making arena. Students will tour the New York State Capitol, shadow their Assemblyperson and State Senator, and attend lectures by guest speakers, along with participating in other government-related activities.

League of Women Voters sponsorship includes the cost of the conference, room and board, and round-trip reimbursement for car/bus transportation to Albany.

Applications can be downloaded at [www.lwvtompkins.org/programs.htm](http://www.lwvtompkins.org/programs.htm). They are due by March 1 and should be mailed to: Susan Henninger, Students Inside Albany, 3 Sunrise Terrace, Trumansburg, NY 14886.

Contact Henninger at [sue@fingerlakeswriter.com](mailto:sue@fingerlakeswriter.com) or 387-7544 for more information.

## DEC Offers Summer Camp Programs

The New York State Department of Environmental Conservation (DEC) has opened registration for the 2011 summer camp programs. Applications from sponsors must be postmarked no earlier than Jan. 15. Parents may submit applications postmarked no earlier than Jan. 29.

The Summer Camp Program offers week-long adventures in conservation education to children ages 12-17. DEC operates four residential camps for children ages 12-14: Camp Colby in Saranac Lake, Franklin County; Camp DeBruce in Livingston Manor, Sullivan County; Camp Rushford in Caneadea, Allegany County; and Pack Forest in Warrensburg, Warren County. Pack Forest also features Teenage Ecology Workshop, a three-week environmental studies program for 15-17 year old campers.

DEC is also encouraging sporting clubs, civic groups and environmental organizations to sponsor a child for a week at camp. Those groups who sponsor six paid campers will receive one free scholarship. Campers participate in a wide variety of outdoor activities including fishing, bird watching, fly-tying, archery, canoeing, hiking, camping, orienteering and hunter safety education.

For information and applications visit [www.dec.ny.gov/education/29.html](http://www.dec.ny.gov/education/29.html) or call (518) 402-8014. Interested parents may also sign up for DEC’s camps list serve at <http://lists.dec.state.ny.us/mailman/listinfo/decenvironmentaledcamps> or contact DEC in writing at DEC Camps, 2nd Floor, 625 Broadway, Albany, New York 12233-4500.

## Health Alliance Receives Legacy Grant

In its most recent round of community funding, the Legacy Foundation of Tompkins County awarded the Ithaca Health Alliance and its project, the Ithaca Free Clinic, a \$5,000 grant. Free Clinic volunteer staff will direct the funds to un- and underinsured Clinic patients who need lab testing. In particular, clinicians will target patients with chronic conditions to receive assistance.

According to physicians and nurse practitioners at the clinic, this grant will be a great help to the patients and their care providers. The need for lab work is infrequent but can have a major effect on diagnoses and treatments. Because lab tests and other diagnostic studies are expensive, some patients are unable to take on the added costs.

A large number of Clinic patients have considerable medical debt following care they received elsewhere, often before they became uninsured and thus eligible for Free Clinic services. Patients with state and federal insurance, such as Medicare or Medicaid, are able to get lab tests without the burden of personal costs. Whereas Free Clinic patients receive care without charge, they must pay other costs out of their own budgets.

### Letters Policy

Tompkins Weekly welcomes letters to the editor. In order to run letters in a timely fashion, they should be no longer than 300 words. Letters should be e-mailed to [editorial@tompkinsweekly.com](mailto:editorial@tompkinsweekly.com), or mailed to P.O. Box 6404, Ithaca, NY 14851. Please include name, address and the best way to reach you for confirmation.

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# Skaters Hold Benefit for Cancer Patient

By Lori Sonken

The Ithaca Figure Skating Association (IFSA) will hold a benefit on Saturday, Feb. 12, to raise funds for Carissa Mosher, age seven, who was recently diagnosed with the childhood cancer Rhabdoid-Sarcoma. Beginning at 7 p.m., the ice skating show will be held at The Rink, 1767 East Shore Drive in Lansing.

When the Ithaca skating club learned that Carissa had cancer, members wanted to do something to help and decided to host a benefit, says Teresa Vanorman, IFSA vice president. Her daughter, Hayden, is a good friend of Carissa's.

"We are going to have a multitude of different performances," Vanorman says, noting that spectators will see skaters perform routines, jumps, spins and skating dances, such as the cha-cha. Skating clubs from Skaneateles and Cortland also have been invited to participate in the show.

There will be silent auction and 50-50 raffle in which the winner will receive half of the raffle donations and the remaining half will go to the Mosher family, in addition to the skating show.

Carissa awakened Dec. 28 with a tumor on her left thigh. After being diagnosed with a malignant cancer, she underwent her first chemotherapy treatment on Dec. 30 and has had several sessions since then. She recently lost her hair.

"It is all so sudden. The outreach of friends and family has been so unbelievable," says her mother, Tracey Mosher. The Mosher family lives in Scipio Center, near Aurora. Carissa attends the Emily Howland Elementary School in the Southern Cayuga Central School District.



Photo provided

Carissa Mosher

"We have a long road ahead of us," Tracey says, noting that when chemotherapy is over, Carissa faces surgery. She will not be at the skating benefit because she is expected to undergo treatment at Golisano Hospital in Syracuse. But she has plans to watch the show through a videoconference.

A number of businesses and institutions from Ithaca to Auburn have given items for the silent auction, Vanorman says. For example, the Ramada Inn of Ithaca has donated a night's stay and dinner. Cornell is providing sweatshirts, caps, jerseys and wool blankets for the auction. A \$50 gift certificate from the Mirbeau Inn and Spa of Skaneateles also will be auctioned.

The cost to attend the benefit is \$5 for adults, \$3 for children 12 and under, and those under 5 will be admitted for free. Vanorman has never hosted a benefit before and has no estimates on how much will be raised. The benefit is the IFSA's way of supporting Carissa. "She's always been there rooting us on" and watching the skaters perform, Vanorman says.

## United Way Receives Technology Grant

United Way of Tompkins County (UWTC) has been awarded a \$7,500 Verizon Foundation grant which will be used to support, expand, and enhance the existing Verizon Mobile Education Outreach Lab and Training Program that has been in operation since 2008. This recent grant is in addition to grants totaling \$19,000 over the past 3 years that Verizon has made to UWTC.

As part of that previous Verizon Foundation funding, UWTC's primary goals were to provide technology and training services to area nonprofits in the community. The outcome was identified as an increase in the quality and quantity of outreach to consumers of nonprofit services, the community, and to assist fundraising and marketing activities. The Verizon Education Lab, UWTC purchased four laptops, an LCD projector, a video camera, and two digital cameras to loan, free of charge, to area nonprofits. The equipment is being used for a wide variety of tasks, including staff trainings, conference presentations, adult education classes, and programs for children.

# Street Beat

The word on the street from around Tompkins county.

By Dave Burbank

Question: If you could change one thing in Ithaca, what would it be?



"I would repair Stewart Avenue. I would pave it. It destroys my car".

- Brenden Clark, Ithaca



"I would like to see fewer cars and greater pedestrian access. More things to do accessible by walking."

- Theresa Velden, Bonn, Germany



"More authentic Mexican cuisine."

- Alexas Esposito, Ithaca



"Self. I would change myself so I could be a better mentor to young people. Confident, motivated, balanced. You have to be balanced in order to help others."

- Troy Skee, Ithaca

Submit your question to **Street Beat**. If we choose your question, you'll receive a gift certificate to GreenStar Cooperative Market. Go to [www.tompkinsweekly.com](http://www.tompkinsweekly.com) and click on Street Beat to enter.

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# Music, Theater Events on Local Stages

By Ross Haarstad

The return of students to the local campuses means classical, jazz and world music almost every day of the week, most of it free, including a fascinating reproduction of a Schoenberg salon by Cornell's Xak Bjerken.

There's some exciting rock, blues/soul, and experimental jazz/film concerts courtesy of Dan Smalls. And theater lovers can choose between "a silent movie opera" at the Kitchen or the rollicking antics of Sam Shepard from the Reader's Theatre.

If classical music is your bent, you can catch some of the great chamber pieces of the early 20th century at Cornell's "Schoenberg's Playlist." Taking place Jan. 27-30 across the campus, Bjerken has pulled together Cornell faculty and students, plus guest artists the Daedalus Quartet, mezzo-soprano Rachel Calloway and noted Yale music theorist and pianist Michael Friedmann.

Despite Schoenberg's rigorous promotion of the 12-tone technique or serialism as the century pro-



The Daedalus Quartet performs as part of "Shoenberg's Playlist" at Cornell.

gressed, the private concert series he arranged in Vienna between 1918 and 1922 was eclectic in its inclusion of all types of European composers and vigorous performances by leading young players. Bjerken hopes to emulate this tradi-

tion, "to resurrect a mode of listening to 20th-century music that transcends ideologies and re-focuses our ears." Catch piano works by Bartok, Berg, Debussy, Ravel, Scriabin, Stravinsky, and Webern; the Berg Quartet op. 3; Stravinsky's

Three Pieces for String Quartet; songs by Berg, Debussy, , Schreker, Schoenberg, Webern and Zemlinsky; violin sonatas by Korngold and Szymanowski and even Mahler's Songs of A Wayfarer; in addition to academic talks. All events are free; for more information visit [www.music.cornell.edu/calendar](http://www.music.cornell.edu/calendar).

Also up at Cornell, the Glee Club offers a reprise of the concert they just took on tour through California featuring works by Cornell alumni now based in California, including Byron Adams, David Conte, Joseph Gregorio and David Lefkowitz.

Next in the Cornell Concert Series is violinist Leonidas Kavakos, playing works by Beethoven and Prokofiev (Feb. 3, Bailey Hall, 8 p.m.).

Ithaca College offers the Martin Luther King Jr. Week Concert, "The Fierce Urgency of Now," featuring chamber orchestra, choir and chorus, music faculty and civil rights icon Dorothy Cotton (Jan. 24, Whalen Center).

Among the many faculty and stu-

Please turn to page 14

Photo provided

## Cayuga Medical Associates Welcomes New Orthopedic Surgeons

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# The Consonants of the King

By Nicholas Nicastro

★ ★ ★ *The King's Speech.*  
Written by David Seidler.  
Directed by Tom Hooper. At  
Cinemapolis.

There are almost as many reasons not to see *The King's Speech* as there were British monarchs in the 20<sup>th</sup> century. To the timorous, predictable casting of regulars like Colin Firth and Helena Bonham Carter as royals, one can't help but yawn. *The King's Speech* may also be the textbook example of a movie straining to sell a dubious historical premise—namely, that King George VI's lifelong struggle with his stammer had something to do with saving Britain from the Nazis. Can a nation with a leader as eloquent as Winston Churchill really be said to have been wanting in rhetorical assets? Everybody remembers that Churchill said something about “finest hours” and “so much owed by so many to so few.” Truth be told, nobody remembers anything George VI said in five long years of war.

Then again, one doesn't actually have to see the movie to have those objections. That done, I can report that *The King's Speech* does a terrific job of making trivial history seem significant. Indeed, it's more convincing than many other movies about things that actually mattered. For that, at least, it deserves some credit.

The script by David Seidler (*Tucker: the Man and His Dream*) is one big reason why. George VI (Firth), as our grandparents knew, came to the throne by accident, after the shocking abdication of his older brother Edward VIII (Guy Pearce). The latter had fallen in love with an American named Wallis Simpson (Eve Best), who was thought unfit to be Queen because she was divorced. Faced with the choice between love and pomp, Edward chose love—leaving his shy, stammering brother “Bertie” with the mess.

Stuttering, especially in a celebrity, is an interior struggle cruelly played out in public. Seidler hinges his story on the unlikely friendship between the frustrated King and speech therapist Lionel Logue (Geoffrey Rush), a provincial and certifiable eccentric from the wrong side (Perth) of the wrong continent (Australia). Rush plays Logue as the anti-Henry Higgins—someone who believes the mechanics of speech have more to do with emotions and intimacy than the movements of fleshy bits. By any other name, he's a shrink, which is what His Majesty needs but precisely what he fears. Watching Logue/Rush make his assault on the King's precious formalities is one of the film's great pleasures.

Good as Rush is, he's not likely to

get as much attention as Colin Firth. Having built a career on playing good-looking stiff, Firth now has the rich opportunity—and apparently the talent—to amass accolades in deconstructing that image. He made a good start as a closeted gay professor in Tom Ford's *A Single Man*. In *The King's Speech*, however, he takes it all to a new level, presenting Bertie alternately as a stout, self-deprecating adult, strong enough to carry a nation on his shoulders, and as a churlish, insecure child, longing to be seen instead of just gawked at. You don't have to be convinced that his struggle was fundamentally that important (I'm still not) to grant that Firth has done something quite rare here: he's made inherited privilege and casual snobbery seem appealing. In its subtleties, its vulnerabilities that snap in and out of view with mercurial quickness, it may be the performance of the year.

Interestingly, though Seidler's script bleeds for Bertie, it doesn't have much sympathy for poor Edward, who sacrificed so much for love. Indeed, Pearce plays him as the worst kind of coward, bullying his afflicted brother while giving up his manhood to a vulgarian in a skirt. (There's an impolite term for his condition that involves a feline with a whip.) In this, the film seems strikingly ungracious—that good old British “carry on” spirit is rightly inadequate for Bertie, who needs a sympathetic ear, but good enough for Edward, who should really just snap out of his dependence on that American bitch. After all, there are limits! Seidler and director Tom Hooper have no patience for Edward's plight, but weren't his pitiful dependence and Bertie's stammer really aspects of the same problem?

In fact, neither of the two monarchs had any real power. Toward the end of the film we hear that someone who did, Sir Winston (Timothy Spall), also struggled with his speech. Did screenwriter Seidler, after he wrote that scene, look up and wonder why he wasn't telling *that* story—about how one of the most inspiring and significant speakers of his era overcame his impediment? Or do the personal struggles of mere politicians always count less than the tears of a king?

*Nicholas Nicastro's latest novel, The Passion of the Ripper, is available at Buffalo Street Books and on Amazon.com.*

Movie Ratings	
★ ★ ★ ★ ★	Classic
★ ★ ★ ★	Excellent
★ ★ ★	Good
★ ★	Fair
★	Poor



George VI (Colin Firth) has a problem in *The King's Speech*.

## “MAN” victorious in Pinotage showdown

paid advertisement

Northside Staff

Tasters: **Dave Pohl, ed.**, Dana Malley, Kelley O'Neill, Jason Wentworth, Chris Coronel

Many grape varieties are associated with a single wine growing region or country. Zinfandel, while grown experimentally in various pockets of the world, is still viewed as California's own. Austria has its white Gruner Veltliner, and while Nebbiolo may be the king of grapes in Italy's Piedmont, producing the great Barolo and Barbaresco wines, it is virtually a non-player outside of that region.

Another example of a grape with a strong regional identification is South Africa's Pinotage. Created in 1925 by Stellenbosch University viticulturalist A.I. Perold, Pinotage is a genetic crossing of two grapes, Pinot Noir and Cinsaut. Pinot Noir is the famed red grape of France's Burgundy region. Cinsaut, less well known, is a grape grown throughout southern France, primarily used for blending. In 1925, it was typically called “Hermitage” in South Africa, hence the name Pinotage.

The wine it produced was viewed by many as unexceptional. In recent decades, however, South African vintners have seen greater potential for the grape and have taken a more serious approach to it. Indeed, Pi-

notage plantings have nearly tripled over the past two decades, and now occupy 6.4% of South Africa's vineyard acreage.

The staff at Northside Wine & Spirits recently blind tasted a group of ten South African Pinotage wines. The wines were a mixed bag, ranging from enjoyable wines with simple, up front fruit to wines marred by aromas reminiscent of burnt rubber. The good news? The staff preferred the less expensive wines.

The winning wine was the **MAN Vintners 2009 Pinotage**. Costing \$8.99 per bottle, it was preferred to wines ranging from \$14 to \$33. It has appealing, raspberry-like fruit augmented by hints of smoke and earth. MAN Vintners is a winery owned jointly by three men. The name of their winery derives from the first letters of their wives' names: Marie, Anette, and Nicky. The winery recommends their Pinotage as an accompaniment to eel and “roo stew.” Less adventurous eaters may want to try it with roast chicken, eggplant Parmesan, and hearty stews of all types!



Northside Wine & Spirits is at the Ithaca Shopping Plaza on the Elmira Road. Phone: 273-7500.

## Schuyler Hospital Opens New Unit

Schuyler Hospital recently opened a relocated and renovated monitored beds unit, with new equipment to service intensive care and critical care patients.

The monitored beds unit is now located in the southeast corner of the hospital's medical/surgical unit.

Work is also proceeding on two additional projects. In November, Schuyler Hospital broke ground on renovations to their September Hill Women's Center. The project to expand and upgrade women's health services at September Hill is being made possible through the

2009 and 2010 Schuyler Health Foundation's Family of Friends campaigns.

Renovations include a 1,400 square foot addition and 1,070 square foot renovation of existing space. Clinic space will be expanded, allowing both of the hospital's OB-GYNs to provide services at the renovated location.

The hospital is also working with a developer and the Village of Watkins Glen to bring physicians' offices and a walk-in clinic to the former Dollar General property in the Tops Plaza in Watkins Glen.





BusinessWeekly

At TC3, Creating the Next Entrepreneurs

the bridge between workplace and workforce

By Sue Henninger

“Being an entrepreneur is not a bed of roses,” says Tompkins Cortland Community College (TC3) assistant professor Tim McCabe. McCabe, who is also chairman of the college’s new entrepreneurship major, adds, “It’s not for everybody. People don’t realize that your business hours can run from 6 a.m. to midnight, six days a week.”

McCabe knows this from experience as, in addition to his TC3 duties, he owns a recruiting business that matches talented high school athletes with the colleges that are looking for them.

He enjoys offering this challenging, cutting-edge major to TC3 students. “Entrepreneurship is one of the fastest growing majors on college campuses,” he explains. “There are very few two-year colleges that offer this type of degree to their students.”

The idea for the new program, housed in the college’s business department, came from TC3 president Carl Haynes, who wants to see community colleges offer students classes that enable them to run their own businesses upon graduation.

Though the major was approved in November, and some students are currently taking entrepreneurship classes, the official start date is September 2011. McCabe anticipates that he’ll have about 10 to 12 students in the fall and that the program will grow exponentially

from there.

Analyzing social trends leads McCabe to believe that the new TC3 degree will be especially popular with two demographic groups: those under 25 and older students. He observes that many young students today, unlike their parents and grandparents before them, haven’t seen many examples of job security or longevity, resulting in the belief that owning a business is the most viable option for them in terms of maintaining a steady income and a lowering the risk of becoming unemployed.

Based on this, an increasingly large percentage of self-employed business people are young people. Currently McCabe is working with a student who is passionate about creating a bowling alley and two others who are pursuing environmentally-oriented opportunities for themselves in landscaping and the “green technology” fields.

Additionally, the increasing number of Baby Boomers who are retiring early, yet living longer, will mean that many senior citizens choose to pursue a second career, perhaps by experimenting with a business idea that they’ve always had on the back burner. Others in the over-60 age bracket may decide to remain in the employment sector because the ongoing recession has caused their income stream to dry up, leaving them concerned about finances.

Students in the entrepreneurship major begin their coursework

with an introduction to the self-employed life, including classes about business options like franchising, buying an existing business, starting your own business and other basic information. The second level of this coursework involves developing a business plan, finding funding, learning about issues like the legalities or zoning requirements of owning a business, and more advanced marketing techniques.

New this year is a sales course, which teaches students how to build rapport and establish relationships with clients, how to increase referrals and follow-up with customers and how to prepare for presentations. The sales program is not outdated, says McCabe, because using social media tools effectively will be built into all of the coursework.

“Many of today’s businesses are Internet-based and conducted primarily by computer,” he notes. “That means there’s twice as much for students to learn...But, though the advanced technologies are nice, the old way of doing business still really matters, too.”

McCabe acknowledges that there are certain pitfalls that students in the new major may face once they strike out on their own. The most common problems that prospective business owners have is not using good marketing practices, having poor sales or communication skills, not knowing enough about the

industry they’re entering, not conducting a thorough market analysis to see if their product or service will sell and not researching their business location enough.

With this in mind, the final course students will be required to complete is an internship with a local business owner. McCabe is currently establishing an advisory board to assist with this component of the program. Board members will have the business background, commitment and interest in helping him locate good placements for his students.

“I’m looking for people who have lived in the community for awhile and who know good businessmen and women in all types of enterprises,” he says, noting that the endorsement of these “connectors” will lead to better opportunities for the TC3 apprentices.

What types of careers could this degree open the door for? A great variety, McCabe says, citing construction, cosmetology, consulting, franchising, musicians and artists, technology and retail. It’s this variety, coupled with the wide age range of the students, that will make the entrepreneurship classrooms lively and interesting. “It’s the power of a community college setting,” McCabe notes. “At TC3 we have students from all different backgrounds sharing information and ideas. It’s a diverse group and makes for some very positive inter-generational relationships.”

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10 Tompkins Weekly January 24



# Groton Library Director Steps Down

By Nick Babel

The Groton Public Library (GPL) will soon be getting a new director, as current director John Cohen is stepping down. After a little over a year as library director, Cohen is moving with his wife to the Rochester area. In a recent interview he talked about his time as the head of the GPL.

Tompkins Weekly: Why are you leaving as Director of the GPL?

John Cohen: The short answer is, my wife got a great job in the Rochester area, where she is from. It's a better job, for better pay, in an area with lower cost of living. We'll be closer to our nieces and nephew as well as the rest of her family. The money and family aspects just means it makes sense to move.

Unfortunately, it does have to be a move. Rochester is just not close

enough to do a daily commute. I really regret it, I had intended to stay longer—much longer—but that was not to be.

TW: What did you enjoy while serving as library director at Groton?

JC: It's hard to pin things down, but working with the people of Groton has been a great experience. It's such a gorgeous, historical building and the people of Groton are obviously proud of their library.

TW: Who will be the next director? If a choice hasn't been made yet when will it be made?

JC: The board is in the middle of the director search now. There's no exact date for a new director to start, but it should be soon. I plan on staying as long as I can until the new director starts, and helping with some training as best I can

after they do start.

TW: What are some of the changes you've made as GPL director?

JC: I wasn't here long enough to really make a lot of changes. Unfortunately, what Groton Library needs is someone who can stay a long time and look at things with a long view, and I regret not being able to provide that. That said, I did my best to pump up our DVD collection, which is very popular, and to seek grants that helped develop our audiobook collection—also very popular—while of course keeping our book collection current.

TW: What are your plans for the future?

JC: In the short term, I'm in school working towards a master's degree, and this change will allow me to focus on that. In the longer

term, I may continue in libraries or I may try my hand at writing. This change will also allow me to focus on improving my health as a lifestyle change.

Previous to his tenure at Groton, Cohen worked as the Tompkins County Public Library's volunteer manager, and has spent the last 17 years working in various library positions. "I'm sorry I have to go, but I'm really glad I had a chance to do this job. It has been a great experience," said Cohen.

Since the GPL is in between directors, there is not much in the way of events taking place over the next few months. One event coming back to the library is toddler story time. Story time starts again on Feb. 15 and will take place from 10-11 a.m. on Tuesdays with children's librarian, Mrs. Radford.

# Sciencenter Celebrates Black History Month

In celebration of Black History Month, the Sciencenter will honor African-American inventors and scientists on the Wall of Inspiration exhibit and offer a special presentation to highlight the work of George Washington Carver.

On Saturday, Feb. 5, at 2 p.m. Sciencenter educator Miriam Musco will discuss the work of Carver, an African-American scientist who developed more than 325 products from the peanut. Visitors will have the opportunity to make their own peanut butter, an activity best suited for children and families with no peanut allergies.

Carver is among the African-American inventors and scientists

featured on the Wall of Inspiration. This award-winning exhibit features historical contributions and "firsts" by African Americans in the sciences such as those of David Blackwell, the first African American elected to the National Academy of Sciences; Bessie Coleman, the first African American woman to fly an airplane; Mae Jemison, the first woman of color in space; and Joycelyn Elders, the first female African American Surgeon General.

Neil deGrasse Tyson, the youngest person to be named director of New York's renowned Hayden Planetarium; Ernest Everett Just, a biologist who was

the first to reveal the secrets of cell function and structure; Zora Neale Hurstone, anthropologist, novelist and folklorist; and Robert Henry Lawrence Jr., the first African American astronaut who was tragically killed in a training accident before his first flight into space, are also among the scientists who are highlighted.

The Wall of Inspiration features both famous and lesser-known scientists who have made significant contributions to society. Each plaque includes the name of the scientist, a description of his or her achievements, a photo, a quote, and a dedication from a Sciencenter donor.

The Wall of Inspiration is located

in the Community Room of the Sciencenter. This exhibit can be explored with regular Sciencenter admission (\$7 for adults, \$6 for seniors, \$5 for children 3-17 years, and free to members and children under 3).

The Sciencenter is a hands-on science museum for people of all ages with over 250 exhibits, educational programs, and an outdoor science park. The museum is open Tuesday through Saturday from 10 a.m. to 5 p.m. and on Sunday from noon to 5 p.m.

The Sciencenter is open on Presidents' Day, Monday, Feb. 21. For membership information, current programs and activities, visit [www.sciencenter.org](http://www.sciencenter.org).

# CAP Distributes \$52,000 to Local Artists for Projects

Each year, Tompkins County's arts council, the Community Arts Partnership (CAP), administers five grant programs, three of which are funded by the New York State Council on the Arts (NYSCA).

For 2011, the NYSCA funded programs resulted in the grants for nearly 40 different projects, with a total of \$52,000 awarded to local artists and arts organizations, schools and other local not-for-profits.

The three programs—Grants for Arts Programs, Artists in Community Grants, and Artist/Teacher Partnership Grants—are all competitive, and

each are decided by a panel of local community members. CAP's Program Director, Robin Schwartz, has been administering CAP's grant programs for 18 years and has the panel process down to a science. "The panelists come well prepared and ready to make hard decisions. We have such an abundance of talented and worthy artists in Tompkins County that choosing who gets funded each year can be extremely difficult," she said in a statement.

For 2011, CAP was able to fund 31 projects with their Grants for Arts Programs, with a total of \$40,100. The grants make funds available

throughout the County to libraries, arts organizations, towns, villages, community centers and the like for professional arts and cultural projects.

Funded projects encompass theatre performances, music concerts, children's programming, dance performances, poetry readings and visual art. Grant awards ranged from \$500 to \$2,500.

The Artists in Community Grants were able to award two local artists with grants from a \$4,000 fund. These grants support the creation of new work of artists whose interaction with communities is an integral part of their art-making.

Through the Artist/Teacher Partnership grants, five school and teaching artist partnerships received grants ranging from \$900 to \$2,000 from an \$8,000 fund.

These partnership grants are designed to assist schools in developing programs where artists can work directly with teachers to enhance their existing curriculum. All of the grant recipients will be completing the funded projects throughout the current year.

Guidelines, applications, and more details about programs and services of the Community Arts Partnership can be found online at [www.artspartner.org](http://www.artspartner.org).

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# Tompkins County Community Calendar...

## 24 Monday

**Baby Storytime**, 10:30-11am, Tompkins Co. Public Library, Caregivers and newborns up to 15 months old are invited to join us each Monday in the Thaler/Howell Programming Room for stories, songs, and togetherness. For more info, 272-4557 ext. 275.

**Bereaved Parents Support Group**, 5:30-7pm, Hospicare, 172 E. King Rd., Ithaca, the group is facilitated by Kira Lallas, one Hospicare's bereavement counselors. For information, contact Leslie Strebel at 607-257-4066. Registration is not required, but prompt arrival is encouraged and appreciated.

**Candor Food Pantry**, Rt 96, across from Post Office, 2nd & 4th Monday's; 2:30-4:30 pm; 1st, 3rd & 5th Monday's; 5-7pm.

**Continuing Beginning Ballet for Adults**, 5:30-7:30pm, CSMA, 330 E. Martin Luther King Jr./State St., drop-ins welcome, Nathanielsz Dance Studio, Instructor, Miranda Strichartz.

**Cornell Cinema**, WSH, 7:15pm, Never Let Me Go; 9:30pm, The Town; For more information visit <http://cinema.cornell.edu>.

**Dryden Community Cafe Annual Meeting**, 7pm, Dryden Community Cafe, Main St., Dryden, Please come to the meeting with your ideas, thoughts, questions, and dreams for our fourth year as a Community Cafe. Elections for a new Board of Directors will take place at this meeting as well. If you are interested in volunteering, joining a committee, running for the board, or simply venturing your opinions.

**Dryden Senior Citizens Meeting**, Dryden Fire Hall, Lunch is served at 12:15 p.m. with announcements starting at 11:45 a.m. Please bring your own table service. The meal cost for members is \$6 and \$8 for non-members.

**Emergency Food Pantry**, 1-3:30pm, Tompkins Community Action, 701 Spencer Rd., Ithaca. Provides individuals and families with 2-3 days worth of nutritious food and personal care items. Info. 273-8816.

**Food Addicts in Recovery Anonymous**, 7-8:30pm, Cayuga Medical Center, 301 Dates Dr., Ithaca, Fourth Floor North Conference Room. Food Addicts in Recovery Anonymous (FA) is a free Twelve Step recovery program for anyone suffering from food obsession, overeating, under-eating and bulimia. Call FA at 781-321-9118 or toll free 1-866-931-6932. Visit our website at [www.foodaddicts.org](http://www.foodaddicts.org).

**Free "Winter Sprouts" At Mama Goose**, Every Monday, 10:30am, Join the Ithaca Children's Garden on Monday mornings beginning January 24 for Winter Sprouts at Mama Goose, 430 West State St. in Ithaca. Especially for young children ages 2 to 5 and their caregivers, Winter Sprouts features a stories and get-your-hands-dirty activities at 10:30am through the end of February. Explore trees, snow, seeds, birds, flowers, caterpillars and more! For more info: Call (607) 272-2292 x186, or [www.ithacachildrengarden.org](http://www.ithacachildrengarden.org)

**GIAC Teen Program** 4-7pm, 318 N. Albany St., Ithaca, Game Room, Video Games, Open Gym & Field Trips.

**Jazz Dance Classes with Nancy Gaspar**, 7:15pm, Finger Lakes Fitness Center, 171 E. State St., Center Ithaca, Non-members & drop-ins welcome. Info 256-3532.

**Jazzercise**, 5:45 & 6:45pm, 119 W Court St., Ithaca. Jazzercise combines dance, resistance training, pilates, yoga, kickboxing and more to create programs for people of every age and fitness level. More info. 288-4040 or [www.jazzercise.com](http://www.jazzercise.com).

**Landlords Association Meeting**, 4:30pm, Ramada Inn, Triphammer Rd., Ithaca, This month's guest speakers will be from the Corning Credit Union, discussing the real estate and banking climate locally and around the world, and answering questions about student housing, interest rates on commercial loans, etc., All county landlords and property managers are invited to attend. For info., email LATC@LandlordsAssociation.com or call 607-697-0300.

**Lansing Food Pantry**, 3-5pm, Methodist Church, 32 Brickyard Road, Lansing.

**Lifelong Schedule**, 8:30-9:30AM, Enhance Fitness®, Lifelong, 119 W. Court Street, Ithaca; 9-10AM, Enhance Fitness®, Ellis Hollow Road Apartments, Tenants only; 9-10AM, Enhance Fitness®, Juniper Manor I, 24 Elm St., Trumansburg; 10-11:30AM, T'ai Chi Class, Titus Towers Apartments, Tenants only; 10-12PM, Clay Class; 10:15-11:15AM, Enhance Fitness®, Enfield Community Building, 168 Enfield Main Rd.; 12:30-1:30PM, Strength Training; 1:45-3PM, On Break Until March-Senior Chorus; 2-3PM, Enhance Fitness®, McGraw House Annex, 211 S. Geneva St.; 7-9PM, Not Meeting This Week-International Folk Dancing; Info., 273-1511 or [www.tclifelong.org](http://www.tclifelong.org).

**Loaves & Fishes Community Kitchen**, 12 Noon, St. John's Church, 210 N Cayuga St., Open to all, no limitations or requirements. Info., [www.loaves.org](http://www.loaves.org).

**MLK Jr. Event Kick-off**, 4-6 p.m., Emerson Suites, Phillips Hall, Presentations by Ithaca College president Tom Rochon, the first-year MLK Scholars and Civil Rights pioneer Dorothy Cotton. A former education director for the Southern Christian Leadership Conference, Cotton worked closely with King on several crucial initiatives and accompanied him to Oslo in 1964, where he received the Nobel Peace Prize. She has served as a valuable resource to organizations on diverse topics addressing race relations, spiritual growth, citizenship education and civic organizing for the 21st century.

**MLK Celebration Concert**, 7:30pm, Ford Hall, Whalen Center, Performances by School of Music student ensembles, with special guest Dorothy Cotton.

**Monday Studio Workshop**, 2:30-4pm, Abovago Art Studio, 409 W. Seneca St., Ithaca, ages 7 and up, Jan. 3rd-March 28th, \$130/10 classes. Info., 262-6562 or visit [abovago.com](http://abovago.com).

**Overeaters Anonymous**, 7:30-8:30pm, Henry St. John Building, 301 S. Geneva St., #103, corner W. Clinton St., Speakers/Literature meeting, Meetings are free, confidential, no weigh-ins or diets. Info., 387-8253.

**Parents Apart- (2) Monday workshops**, January 24 & 31, 6-9pm, Confidential location; TBA before 1st session, Parents Apart is a six-hour workshop for parents who want to learn how to help their child(ren) cope during their separation and divorce. The workshop is taught by therapists and attorneys and focuses on how children react emotionally to their parents' divorce and/or separation, and what parents can do to help them adjust. Registration is confidential and parents of the same child(ren) are placed in different workshops. Fee: \$50; reduced rates available.. For information, to pay by credit card, to request a reduced fee, or to discuss concerns about safety or other special circumstances, please call Anna Steinkraus at (607) 272-2292 ext 145 or email [ams69@cornell.edu](mailto:ams69@cornell.edu).

**Post Traumatic Stress Disorder Meeting**, 6PM (holidays excluded), The First Baptist Church, Dewitt Park, PTSD Ithaca is an independent, Post Traumatic Stress Disorder support, social, educational and self-help group to assist those individuals who have been diagnosed with or think they may have PTSD.

**Pre-School Story Hour and Craft**, 10am, The SPCA Annex at The Shops at Ithaca Mall.

**Tourism Grants Workshop**, 3-5pm., Ithaca/Tompkins County Convention and Visitors Bureau at 904 East Shore Drive, 2nd floor. Pre-register for the workshop by sending an email to [jkippola@tompskins-co.org](mailto:jkippola@tompskins-co.org).

**Yoga Classes**, 5-6:15pm, Mindful Movement in Community Corners, 903 Hanshaw Rd., Suite 201, Info., 607-592-5493.

**Zen Meditation Practice**, 5:30-6:30pm, Anabel Taylor, Founders Room, Cornell, Prior sitting experience or attendance of an orientation session required to participate. Info., Tony @ 277-1158 or Marissa @ 272-1419.

## 25 Tuesday

**Al-Anon**, 12noon, 518 W. Seneca St., Ithaca, Meeting open to anyone affected by another person's drinking. Info., 387-5701.

**Art Jump Start**, ages 2 - 4 Tuesdays and Thursdays 10am-12noon, Abovago Art Studio, 409 W. Seneca St., Ithaca, Registration is ongoing, \$23/class, \$200/10 classes, \$375/two days a week for 10 weeks; Info., 262-6562 or visit [abovago.com](http://abovago.com).

**Beginning Computer Class**, 10am, Ulysses Public Library, 74 E Main Street, Trumansburg, Info., (607) 387-5623.

**Cornell Cinema**, WSH, 7:15pm, Howl; 9:15pm, The Town; For information visit <http://cinema.cornell.edu>.

**Emergency Food Pantry**, 1-3:30pm, Tompkins Community Action, 701 Spencer Rd., Ithaca. Provides individuals and families with 2-3 days worth of nutritious food and personal care items. Info. 273-8816.

**GIAC Teen Program**, 7-9pm, BJM, 318 N. Albany St., Ithaca, Game Room, Video Games, Open Gym & Field Trips, 272-3622.

**IC Workshops**, 12noon-1pm, Emerson Suite A, Phillips Hall, Ithaca College, "Bystander Behavior: Understanding the Phenomenon to Address the Fierce Urgency of Now," by residence hall director Patrick Walsh; "Responsibilities of an Indigenous Researcher," by Hollie Kulago, pre-doctoral fellow in Native American Studies; noon-1 p.m., Emerson Suite B, Phillips Hall. **Immaculate Conception Church Food Pantry**, 1-1:45pm, Seneca near Geneva St., Ithaca, Free, fresh produce, breads, desserts, dairy and deli. For low to moderate incomes, limit 1 pantry per week. [www.friendshipdonations.org](http://www.friendshipdonations.org).

**Ithaca Neighborhood Housing Services Classes**, 6:30-8:30pm, Gain the confidence you need to buy a home & knowledge of the resources open to you taught by a certified instructor with guest speakers and loads of interactive activities. Classes are Tuesdays for 6 consecutive weeks. Inquire by calling 607-277-4500. Sliding fee scale is income-based and pre-registration is required.

**Ithaca Toastmasters Club**, 7-8pm, meets every Tuesday, 6th floor of Rhodes Hall, Conference Room #655, Cornell University, Ithaca. Info., <http://cayuga.freetoasthost.us>.

**Jazzercise**, 5:45pm, 119 W Court St., Ithaca. Jazzercise combines dance, resistance training, pilates, yoga, kickboxing and more to create programs for people of every age and fitness level. More info. 288-4040.

**Lifelong Schedule**, 9-12PM, Morning Watercolor Studio; 10-12noon, Open Computer Lab/Discussion; 1-4PM, Confidential HIV Testing and Counseling, by appt, Call 274-6683; 1-4PM, Afternoon Art Studio; 2-4PM, Open Computer Lab/Discussion; 2-3:30PM, Tuesday Book Group; 2:30-4:30PM, Northside-Southside Game Time; Info., 273-1511 or [www.tclifelong.org](http://www.tclifelong.org).

**Loaves & Fishes Community Kitchen**, 6pm, St. John's Church, 210 N Cayuga St., Open to all, no limitations or requirements. Info., [www.loaves.org](http://www.loaves.org).

**Meditation at Rasa Spa**, 7:30-8:30pm. Tranquility Room, Shamatha, or "calm abiding", meditation. \$5 donation. Info., 273-1740, visit [www.rasaspa.com](http://www.rasaspa.com).

**MLK Events at IC**, Social Justice & Community Involvement Fair; 11am-2 pm, Clark and Klingenstein Lounges, Egbert Hall, Campus and community organizations with a focus on social justice will have an opportunity to introduce themselves and build interest in their cause; "Bystander Behavior: Understanding the Phenomenon to Address the Fierce Urgency of Now", Noon-1pm, Emerson Suite A, Phillips Hall, Workshop presented by Patrick Walsh, residence hall director for the H.O.M.E (Housing Offering a Multicultural Experience) Program; "Responsibilities of an Indigenous Researcher", Noon-1 p.m., Emerson Suite B, Phillips Hall, Workshop presented by Hollie Kulago, pre-doctoral fellow in Native American Studies in the School of Humanities and Sciences.

**Overeaters Anonymous**, 12:15-1:15pm, Henry St. John Building, 301 S. Geneva St., #103, corner W. Clinton St., 12 Steps & 12 Traditions meeting; 7-8pm, Watkins Glen Library; Meetings are free, confidential, no weigh-ins or diets. Info., 387-8253.

**Save Energy, Save Dollars**, 12:30-2:30pm, Cornell Cooperative Extension, Tompkins County, 615 Willow Avenue, Ithaca, Learn about low-cost and no-cost ways to reduce your home energy usage and programs that can help you afford energy-efficiency improvements to your home. Each participating household will receive a free Energy-Savers kit worth \$15. This workshop is free, but pre-registration is required. Call or email to reserve a seat and an energy kit. Info., 272-2292.

**Sciencenter Tactile Time**, 10:30am, 601 First St., Ithaca, Toddlers and preschoolers are invited to explore their world through touch. Sciencenter admission is always free to children under age 3. Included with admission, Info., [www.sciencenter.org](http://www.sciencenter.org) or 607-272-0600.

**Social Justice & Community Involvement Fair**, 11am-2pm, Clark and Klingenstein Lounges, Egbert Hall, Ithaca College, featuring campus and community organizations with a focus on social justice.

**Stress Management Group**, 11am, Starlight Center, 301 S. Geneva St., Ithaca, Suite 110, 277-7337.

**Toddler Storytime**, 10:30-11am, October-April, Tompkins County Library, Thaler/Howell Programming Room, Toddlers (16 months to 2 years) and their caregivers are invited to join us for rhythmic stories and rocking fun, Info., 272-4557 ext. 275.

**Toddler Time Storytime**, 10am, Groton Public Library, Enjoy stories with Mrs. Radford, Info., 898-5055.

**Tot Spot**, 9:30-11:30am, Ithaca Youth Bureau, Mid October thru Late April. Indoor stay and play for children 5 months to 5 years & grown-ups of any age. Children ages 5 months to 1 year: \$2; Children ages 1 year to 5 years: \$3; Adults always FREE! Frequent Visit Discount Passes Available for Recreation Partnership Residents, Info., 273-8364.

**Tuesday Lunch Club**, 12noon, Royal Court Restaurant, 529 S. Meadow St., An informal lunch get-together on the 2nd Tuesday of the month for bereaved adults. Participants pay for their own food

and beverage. Info email [dgeorge@hospicare.org](mailto:dgeorge@hospicare.org) or 272-0212.

**Tuesday Morning Art Classes for Children**, 9:15-11:30am, Dryden Community Cafe, Main St., Dryden, Please come by to sign up, or email Leslie at [robert-cobb@frontiernet.net](mailto:robert-cobb@frontiernet.net), or leave a note at the Cafe.

**Yoga for Women in Midlife**, 6-7:15pm, 132 Northview Road, Ithaca, Explore the possibilities for renewed strength and aliveness, calm and alert mind, with acceptance and compassionate awareness. Information 319-4138 or [nishkala@gmail.com](mailto:nishkala@gmail.com).

## 26 Wednesday

**Babies, Books, and Bounce Time**, 11:30-12noon, October-April, Tompkins County Library, Thaler/Howell Room.

**Bed & Sofa**, 7:30pm, The Kitchen Theatre, 417 W. State / MLK, Jr. Street, Ithaca, A story of love and feminism that was way ahead of its time. The KTC production will star long-time favorite Erica Steinhagen, and Susannah Berryman will direct. Info., [information@kitchentheatre.org](mailto:information@kitchentheatre.org).

**Borders Movie Night**, 6:30pm, The Shops at Ithaca Mall, this is a weekly movie series for our independent & young adult readers. Info., 257-0444 or email [aaldrigg@bordersstores.com](mailto:aaldrigg@bordersstores.com).

**Business Training Class**, 12:30-4pm, The Chamber of Commerce, Ithaca, Topic is HR Functions Made Simple, Fee \$30.

**Community Arts Challenge Reception**, 7pm, Center for Arts, 72 S. Main St., Homer, For information call the Cultural Council of Cortland County, (607) 753-1188 or e-mail [staff@cortlandarts.com](mailto:staff@cortlandarts.com).

**Cornell Cinema**, WSH, 7pm, Inside Job, with discussion led by Prof. Robert Hockett (Law); 10pm, Howl; For more information visit <http://cinema.cornell.edu>.

**Cortland Youth Center**, Open from 12-9pm. Info., [www.cortland.org/youth](http://www.cortland.org/youth), 753-3021.

**Dance Warm-Up and Conditioning Classes**, 9:30-10:15am, City Health Club, 402 W. Green St., Ithaca. Info., [www.movingjoystudios.com](http://www.movingjoystudios.com) or call Maren Waldman; [maren@movingjoystudios.com](mailto:maren@movingjoystudios.com), 607-227-7422.

**Family Storytime**, 11:30-12noon, October-May, Tompkins County Public Library, Thayler/Howell Room, Free for everyone.

**Free Winter Story Time At Mama Goose**, Every Wednesday, 10:30am, Mama Goose, January 19th-February 16th. Families are welcome to bring their own snacks to this free event. The stories will be geared toward toddlers and preschoolers, but all ages are welcome. Call (607) 269-0600 or visit [www.mamagooseithaca.com](http://www.mamagooseithaca.com) for more details.

**Food Addicts in Recovery Anonymous**, 7-8:45pm, The 1st Congregational Church, 309 Highland Rd., Ithaca, Food Addicts in Recovery Anonymous (FA) is a free Twelve Step recovery program for anyone suffering from food obsession, overeating, under-eating and bulimia. Info., toll free 866-931-6932 or 718-321-9118 or [www.foodaddicts.org](http://www.foodaddicts.org).

**HR Functions Made Simple**, 12:30-4pm, Tompkins County Chamber of Commerce.

**Ithaca Community Police Board Drop-In Hours**, 2-5pm, GIAC, 301 West Court Street, Ithaca, you can also make an appointment. To leave a private message or make an appointment, call 275-0799.

**Jazz Dance Classes with Nancy Gaspar**, 5:45pm, Finger Lakes Fitness Center, 171 E. State St., Center Ithaca, lower level, Non-members & drop-ins welcome, Info., 256-3532.

**Jazzercise**, 5:45pm, 119 W Court St., Ithaca, Jazzercise combines dance, resistance training, pilates, yoga, kickboxing and more to create programs for people of every age and fitness level. Info., 288-4040.

**Lansing Writers' Group**, 7PM, Lansing Community Library, 27 Auburn Road, Lansing, Meetings are open to adults and focused, mature minors who strive to improve their writing skills and learn from each other. All genres, skill levels, and writing types are welcome. Additional information at [www.groups.yahoo.com/group/lansingwritersgroup](http://www.groups.yahoo.com/group/lansingwritersgroup). Free and open to the public.

**Lifelong Schedule**, 8:30-9:30AM, Enhance Fitness®, Lifelong, 119 W. Court Street, Ithaca; 9-10AM, Enhance Fitness®, Ellis Hollow Road Apartments, Tenants Only; 9-10AM, Enhance Fitness®, Juniper Manor I, 24 Elm St., Trumansburg; 10-12noon, HILCAP Health Insurance Counseling by appointment, call 273-1511; 10:15-11:15AM, Enhance Fitness®, Enfield Community Building, 168 Enfield Main Rd.; 1-2:30PM, German; 1-3:30PM, Crafting Circle-Needlework and Quilting; 1:30-4PM, Watching Music, Part Two; 2-3PM, Enhance Fitness®, McGraw House Annex, 211 S. Geneva St.; 3:10-4:10PM, New Roots School open computer lab and WI game time; 7-8PM, T'ai Chi for Wellness; Info., 273-1511 or [www.tclifelong.org](http://www.tclifelong.org).

**Lit Lunches Book Club**, 12noon-1pm, last Wednesday of the month, Ulysses Public Library, 74 E Main Street, Trumansburg, Free, Info., 607-387-5623.

**Loaves & Fishes Community Kitchen**, 12 Noon, St. John's Church, 210 N Cayuga St., Open to all, no limitations or requirements. Info., [www.loaves.org](http://www.loaves.org).

**Mindfulness Practice**, 7:30-9pm, Hospicare, 172 E. King Rd., Ithaca, In times of stress, the present moment can seem anything but wonderful. The group meets each Wednesday to practice mindfulness as taught by Vietnamese Zen monk, Thich Nhat Hanh. This group is open to everyone, regardless of experience or spiritual affiliation. For more information, contact Pamela Goddard at 607-273-8678 or Dr. Nancy Stewart at 607-277-0260.

**Opening Reception at the Johnson Museum**, 5-7pm, New exhibits, music, refreshments, cash bar, art activities, and more! Free. For information, please call (607) 255-6464.

**Radon Action Event**, 5-6pm, Cooperative Extension Education Center, 615 Willow Avenue, Ithaca, Hear a 20-minute presentation on radon and a demonstration of how to do a home radon test. Free radon test kits will be given to the first 50 people attending. If the supply of free test kits runs out, order forms for discounted test kits (\$8.50) will be distributed. No registration or reservations are necessary to attend. For information, call Carole Fisher at (607) 272-2292. No registration or reservations are necessary to attend this event.

**Seidaiko "Taiko" Japanese Drum Classes**, 7-8:30pm, World Seishi Karate, 989 Dryden Rd., For beginning students. Info [www.seishihonbu@verizon.net](http://www.seishihonbu@verizon.net) or 277-1047.

**SSA Work Incentives**, 10am-12noon, Workforce NY, Center Ithaca, Room 241, Info., 272-7570 Ext. 126.

**Story Time**, 4pm, Newfield Library, Main St., Newfield. Info., 564-3594, [www.newfieldpubliclibrary.org](http://www.newfieldpubliclibrary.org).

**The Case for Redistricting Reform in New York State**, 1:30-3PM and 7-8:30PM, 2nd floor Annex, First Unitarian Church of Ithaca, 306 North Aurora St., Ithaca. Info., Flo Smith 273-6147, Flo Smith42@aol.com.

**Wednesday Breakfast Club**, 8:30am, Royal Court Restaurant, 529 S. Meadow St., Ithaca, An informal

breakfast get-together for bereaved adults. Participants pay for their own breakfast. Info., Hospicare and Palliative Care Services email [dgeorge@hospicare.org](mailto:dgeorge@hospicare.org) or 272-0212.

**Zen Meditation Practice**, Every Wednesday 5:30-6:30pm, Anabel Taylor Hall, Cornell, founders Room. Sponsored by the Ithaca Zen Center. Prior sitting experience or attendance of an orientation session required to participate. For information or to schedule an orientation, contact Tony @ 277-1158 or Marissa @ 272-1419.

## 27 Thursday

**"A Right Delayed is a Right Denied: Addressing the Issue of Bullying in the Twenty-First Century"**, Noon-1pm, Ithaca Falls Room, Phillips Hall, Workshop presented by the Ithaca College Diversity Peer Educators.

**AL-ANON Hope for Today**, 7:30pm, 518 West Seneca St., Ithaca, main floor, Meeting open to anyone affected by another person's drinking. Info., 844-4210.

**Anorexia Nervosa & Associated Disorders**, 7pm, Cooperative Extension, 614 W. State St., for those in need of help & recovery. Info., 272-2292.

**Art for Lunch**, 12noon-1pm, Johnson Museum, Cornell, Former Ithaca College Professor Sal Grippi will discuss his solo exhibition. Free. For more information, please call (607) 255-6464.

**Bed & Sofa**, 2pm, & 7:30pm, The Kitchen Theatre, 417 W. State / MLK, Jr. St., Ithaca, A story of love and feminism that was way ahead of its time. The KTC production will star long-time favorite Erica Steinhagen, and Susannah Berryman will direct. Info., [information@kitchentheatre.org](mailto:information@kitchentheatre.org).

**Cancer Resource Center Yoga Class**, 9:30am-11am, Island Health and Fitness, The classes are free to anyone with a cancer diagnosis, but registration is required. To do so, call the Cancer Resource Center at 277-0960 or contact [ann@crclf.net](mailto:ann@crclf.net).

**Chamber Annual Dinner & Meeting**, 5:30pm, Emerson Suites, Ithaca College, 5:30 PM Cocktail Hour, Dinner starts promptly at 6:45 PM. Info., [www.tompkinschamber.org](http://www.tompkinschamber.org).

**Cornell Cinema**, WSH, 7:15pm, Shanghai Express, with intro by Society for the Humanities Fellow Yunte Huang; 9:30pm, Never Let Me Go; For more information visit <http://cinema.cornell.edu>.

**Creative Movement for ages 2-4yrs**, Thursdays at 11:30-12noon, Ithaca YMCA, [www.ithacaymca.com](http://www.ithacaymca.com).

**Depression Support Group**, 5:30-7pm, Finger Lakes Independence Center, 215 Fifth Street, Ithaca. Every Thurs. The group is free, confidential and organized by people who have personal experience with depression. Info., 272-2433.

**Exercise & Cancer Program**, 4-6pm, Island Health & Fitness, Ithaca, Whether you are in the middle of treatment, have just finished it, or are years past it, exercise (in any form or frequency) can help you feel better. This program will start with a presentation by experts in the field of exercise science, followed by a question & answer period. The second half of the program will allow participants to experience "mini" classes of different types of exercise. For information, contact Sharon Kaplan at 277-0960 or [sharon@crclf.net](mailto:sharon@crclf.net).

**French Conversation Group**, 7pm, Ulysses Public Library, 74 E Main Street, Trumansburg, Free, Info., 607-387-5623.

**GIAC Teen Program**, 4-7pm, 318 N. Albany St., Ithaca, Game Room, Video Games, Open Gym & Field Trips, Info., 272-3622.

**Halsey Valley Pantry**, 4-4:45pm, GAR building, Hamilton Rd, Halsey Valley, Free, fresh produce, breads, desserts, dairy and deli. For low to moderate incomes, limit 1 pantry per week. Info., [www.friendshipdonations.org](http://www.friendshipdonations.org).

**Hatha Yoga w/Dr. Kasia**, 12-1:20pm, World Seishi Karate, 989 Dryden Rd. (in Varina), Info., [www.seishihonbu@verizon.net](http://www.seishihonbu@verizon.net) or 277-1047.

**IC Workshops**, "A Right Delayed is a Right Denied: Addressing the Issue of Bullying in the Twenty-First Century," by the Ithaca College Diversity Peer Educators; noon-1 p.m., Ithaca Falls Room, Phillips Hall; "Newest Urgencies," by professor of politics Zillah Eisenstein; noon-1 p.m., Taughannock Falls Room, Phillips Hall.

**Lifelong Schedule**, 10-11:30AM, Asking the Right Questions in an Age of Distrust, FULL; 12:30-1:30PM, Strength Training Class; 2-3PM, On Break Until Feb. 3-Senior Theater Troupe; 2-4PM, Open Computer Lab/Discussion; 6-7PM, Couples Pattern Dance Lessons; 7-8:30PM, Line Dancing Lessons; 7:15-9PM, Toastmasters Meeting; Info., 273-1511 or [www.tclifelong.org](http://www.tclifelong.org).

**Loaves & Fishes Community Kitchen**, 6pm, Loaves & Fishes, 210 N Cayuga St., Open to all, no limitations or requirements. Info., [www.loaves.org](http://www.loaves.org).

**Midday Music at Lincoln**, 12:30pm, Lincoln B20, Cornell, features piano works from 1903 to 1915 by Stravinsky, Debussy, Ravel, and Scriabin, performed by students of Yak Bjerken.

**"Newest Urgencies"**, Noon-1pm, Taughannock Falls Room, Phillips Hall, Workshop presented by Zillah Eisenstein, professor of politics.

**"Out of Bounds" Radio Show**, hosted by Tish Pearlman will feature MEGHAN BROWN. Brown is an assistant professor of biology at Hobart and William Smith Colleges, 7pm:WEOS-FM ( 90.3 & 89.7 Gen eva region), Live Stream: Weos.org.

**Overeaters Anonymous**, 6:15-7pm, Henry St. John Building, 301 S. Geneva St., #103, corner W. Clinton St., Just for Today/open sharing meeting. Meetings are free, confidential, no weigh-ins or diets. Info., 387-8253.

**Pete Panek**, 6-8pm, Dryden Community Cafe, W. Main St., Dryden, Info., 844-1500 or [www.dryden-cafe.org](http://www.dryden-cafe.org), Free.

**Prenatal Yoga Classes** 5:30-7pm. Diane Fine. Info., [fineryoga@yahoo.com](mailto:fineryoga@yahoo.com) 564-3690 or [dianefineyoga.com](mailto:dianefineyoga.com).

**Preschool Storytime**. Tompkins County Public Library, 3-3:30pm, Thaler/Howell Programming Room. Pre-school-aged children (3-5years) are invited to join us for stories, songs, activities and fun, Info., 272-4557 ext. 275.

**Spinknitters**, 1pm, Ulysses Philomathic Library, 74 E Main Street, Trumansburg, A active, friendly



**Tot Spot**, 9:30-11:30am, Ithaca Youth Bureau, Mid October thru Late April. Indoor stay and play for children 5 months to 5 years & grown-ups of any age. Children ages 5 months to 1 year: \$2; Children ages 1 year to 5 years: \$3; Adults always FREE! Frequent Visit Discount Passes Available for Recreation Partnership Residents, Info., 273-8364.

## 28 Friday

**African Drum and Dance Class**, City Health Club, Downtown Ithaca, Dance 6-7:30pm Drum 7:45-9pm. Master Instructor Maurice Halton.

**Al-Anon**, Meeting open to anyone affected by another person's drinking. 7pm. Dryden Methodist Church, Park in Rite-Aid lot. Info., 387-5701.

**Bed & Sofa**, 8pm, The Kitchen Theatre, 417 W. State / MLK, Jr. Street, Ithaca, A story of love and feminism that was way ahead of its time. The KTC production will star long-time favorite Erica Steinhagen, and Susannah Berryman will direct. Info., information@kitchentheatre.org.

**Borders Kids Movie Night**, 5:30pm, Borders, The Shops at Ithaca Mall, free movie nights every week for different age groups. To find out which movie is playing call 607-257-0444 or email aaldridge@bordersstores.com.

**Brave New Voices**, 7pm, Emerson Suites, Phillips Hall, Performance by Brave New Voices poets Simone Crew, Angel Nafis, and B. Yung. A project of Youth Speaks, a nonprofit organization that sponsors local and national youth poetry slams, festivals and reading series, Brave New Voices brings together hip-hop sensibility and immaculate writing to engage and electrify their audience.

**"Brown Bag Lunch"** 12noon-1pm, Cancer Resource Center, 612 W. State St.; open to women with any type/stage of cancer, Info., 277-0960.

**Community Arts Challenge Reception**, 7pm, Center for the Arts, Homer.

**Cornell Cinema**, URIS, 7:15pm, Never Let Me Go; 9:15pm, The Town; WSH, 7:15pm, Genius Within: The Inner Life of Glenn Gould; 9:30pm, Howl; For more information visit http://cinema.cornell.edu.

**Cornell Games Club**, 7-11pm, Goldwin Smith, Cornell, Weekly meeting of the Cornell Games Club. We play board games, card games, miniatures games, and role-playing games. Attendance is free and open to anyone. Info., http://www.rso.cornell.edu/gamesclub.

**CU Music**, 8pm, Barnes Hall, Cornell, Features songs by Webern, Schreker, Schoenberg, and Zemlinsky; Webern's Variations for Piano, op. 27; Alban Berg's Quartet, op. 3; and Karl Weigl's Quartet No. 3 in A Major, op. 4, performed by guests Rachel Calloway, mezzo-soprano, and the Daedalus Quartet with Cornell pianists Xak Bjerken and Mike Lee. Pre-concert talk at 7:30 PM by guest Michael Friedmann, with Roger Moseley and Mike Lee.

**Friday Drawing Like Crazy**, 2:30-4pm, Abovoagogo Art Studio, 409 W. Seneca St., Ithaca, ages 6 and up, Jan. 7th-March 18th, \$120/10 classes. Info., 262-6562 or visit abovoagogo.com.

**GIAC Teen Program After Hours Spot** 4-midnight, 318 N. Albany St., Ithaca. Movies, open gym, game room, video games, snacks, computers, skating & more, Info., 272-3622.

**Guided Sensory Night Hike**, at sunset each Friday, Cayuga Nature Center, 1420 Taughannock Blvd., Ithaca, Hike our wooded trails, under the big sky of our back fields or around our ponds. Find out who is awake and stirring under the moonlight. No need to bring a flashlight, you'll be surprised by how much you see without one. Info., www.cayuganaturecenter.org.

**IC Music**, 8:15pm, Hockett Family Recital Hall, Junior Recital: Louis Hatzipetrakos, voice; Info., www.ithaca.edu/music.

**Interlaken Reformed Church Pantry**, 3-6pm. Free, fresh produce, breads, desserts, dairy and deli. For low to moderate incomes, www.friendshipdonations.org.

**Kundalini Yoga Classes**, All levels welcome, Ahimsa Yoga Center in the Dewitt Mall, 10:30am-Noon. Info., 760-5386.

**Lifelong Schedule**, 8:30-9:30AM, Enhance Fitness®, Lifelong, 119 W. Court Street, Ithaca; 9-10AM, Enhance Fitness®, Ellis Hollow Road Apartments, Tenants only; 9-10AM, Enhance Fitness®, Juniper Manor I, 24 Elm St., Trumansburg; 9-10:30AM, Knitting Circle, All Levels Welcome; 9-12PM, Duplicate Bridge Class, Beginner and Intermediate Lessons and Practice Play, Seats Available; 9:30-10:30AM, Strength Training @ St. Catherine of Siena Parish Hall, Room 3, 302 St. Catherine Circle, Ithaca; 10:15-11:15AM, Enhance Fitness®, Enfield Community Building, 168 Enfield Main Rd.; 11:30-1PM, T'ai Chi Class, All levels welcome; 1-3PM, Mahjong, Informal Group; 2-3PM, Enhance Fitness®, McGraw House Annex, 211 S Geneva St.; 2-4PM, Square, Round, Line & Polka Dancing; 4-5PM, Square Dance Dish-to-Pass; 3-4:30PM, Intergenerational Game Time; Info., 273-1511 or www.tclifelong.org.

**Loaves & Fishes Community Kitchen**, 12 Noon, Loaves and Fishes, 210 N. Cayuga St., Open to all, no limitations or requirements. Info., www.loaves.org.

**New England Contra and Square Dance**, 8-11pm, Bethel Grove Community Center, NYS Rt. 79, about 4 miles east of Ithaca. For more information: Ted Crane, 607-273-8678 or visit www.tedcrane.com/TCDC.

**Night Hikes**, 7:30pm, Cayuga Nature Center. Hike our wooded trails, under the big sky of our back fields or around our ponds. No need for a flashlight. Donations appreciated. Info. www.cayuganaturecenter.org.

**Pajamarama Storytime**, 7pm, Barnes & Noble, Join us for stories for preschool & elementary age children. Juice & snacks provided, pj's welcome. Info 273-6784 or www.BN.com.

**Pay What You Can Yoga Classes**, 5-6pm, Fine Spirit Studio, Dey, St., above Hickey's Music, All welcome, Bring a mat or rent one for \$1. Recommended to bring a bottle of water and a small towel. More info about class and teacher: http://vidayoga.org/schedule.

**Preschool Story Time**, 10am, Southworth Library, Dryden, For preschoolers and their caregivers. Come for stories, crafts and snacks. Info. 844-4782.

**Rookie Reader Storytime**, Barnes & Noble, 10:30am. Join us for stories perfect for infants & toddlers. Activities will follow. Info 273-6784 or www.BN.com.

**Spiedies-Italian Sausage Friday Night Feast**, 6pm-9pm, American Legion Post #907, Spencer Road, Candor, The Candor Legion Friday Night Feast Schedule begins December-April. The schedule is the same every month. Eat in or take out. To order ahead or for take out call 659-7395.

**Staged Reading of Sam Sheppard's True West**, 8:30pm, Buffalo Street Books, 215 N. Cayuga St., Ithaca, Tickets \$8ea., Info., 273-8246, www.thereaderstheatre.blogspot.com.

**Ulysses Historical Society Museum**, 39 South St., Trumansburg, 2-4pm. Info., 387-6666.

**Winter Village Bluegrass Festival**, La Tourelle Resort & Spa, a weekend of concerts, workshops, showcases, master classes and jamming for bluegrass musicians and music lovers looking for a comfortable and inspiring winter music experience. The festival features concerts and workshops by the Claire Lynch Band, led by Ms. Lynch, the

2010 IBMA Vocalist of the Year (International Bluegrass Music Association). Info., Information, www.wintervillage-bluegrass.org or contact Rick Manning at 607-592-4647 rmmannin4@twcnny.rr.com.

**Yoga for People with Cancer**, 10:30am-12noon, Island Health & Fitness. Gentle stretching, relaxation exercises, healing visualizations, and meditation. For information, contact instructor Nick Boyar at 272-2062 or Sharon Kaplan at 277-0960 \$10 per class. Scholarship available through the Cancer Resource Center.

## 29 Saturday

**2nd Annual Chili Challenge**, 5pm, Danby Federated Church, 1859 Danby Rd., Ithaca, 7pm, Musical Entertainment, For chili challengers and the chili challenged, Bring your best pot of chili to this challenge, Do you like to eat chili? You be the judge, More info. to come at www.danbyfederatedchurch.org or call 607/272-1687.

**All-You-Can-Eat Pasta Dinner**, 5-7:30pm, Carges Hall, Immaculate Conception Church, 113 N. Geneva St., Meals are \$8 per person; \$5 per senior citizen and children 5-12; children under 5 free; family plan of \$23. Takeouts are available. Tickets are available at school, at the Immaculate Conception Parish center, and at the door.

**Animal Feeding**, Cayuga Nature Center. Noon. Feel free to visit CNC as our animal volunteers feed our many animals, then hike one of our trails or visit the tree house. Free for members, low cost to visitors. Info www.cayuganaturecenter.org.

**Bed & Sofa**, 8pm, The Kitchen Theatre, 417 W. State / MLK, Jr. Street, Ithaca, A story of love and feminism that was way ahead of its time. The KTC production will star long-time favorite Erica Steinhagen, and Susannah Berryman will direct. Info., information@kitchentheatre.org.

**Compost with Confidence**, Noon-1pm, Cornell Cooperative Extension, Compost Demonstration Site, Ithaca Community Gardens, June-October, Last Saturday of the month. Master Composer volunteers will provide info and give hands-on demos to help you set up and manage a composting system any setting. Info., 272-2292 or www.ccetompkins.org.

**Cornell Cinema**, URIS, 7:15pm, Never Let Me Go; 9:30pm, Easy A; WSH, 5pm, Shanghai Express; 7pm, Inside Job; 9:30pm, Genius Within: The Inner Life of Glenn Gould; For more information visit http://cinema.cornell.edu.

**Family Theatre Day**, 10am-5pm, Kulp Auditorium, Ithaca High School, As part of the Hangar Theatre's partnership with the Ithaca City School District, they will be presenting a Family Theatre Day for families looking for a day of fun, interactive, theatre. Participants will enjoy games and exercises that will teach fun and creative theatre and storytelling skills. By the end of the day each family will be able to use learned skills to create an original theatre piece based on memories and experiences to present to the entire group. This opportunity is free for all families and no experience is needed. Space is limited; reservations are required by emailing Jesse Bush, the Hangar's Education Coordinator, at jesse@hangartheatre.org or by calling (607) 273-8588. For more information, please visit www.hangartheatre.org. The Family Theatre Day will begin promptly at 10 am on Saturday, January 29th, at the Ithaca High School Kulp Auditorium, with an hour break for lunch. For information visit www.hangartheatre.org or call the Hangar's business office at (607) 273-8588.

**Family Storytime**, Tompkins County Public Library, 11:30am-Noon, October-April, Thaler/Howell Programming Room. Saturdays. Children of all ages and their caregivers are invited to join us for exciting stories, lively music and family-friendly fun. Info., 272-4557 ext. 275.

**GIAC Teen Program After Hours Spot** 4-midnight. 318 N. Albany St.. Ithaca, Music, movies, open gym, game room, video games, computers, skating & more. Info., 272-3622.

**Groton Winter Fest**, Groton Elementary School, Groton.

**Hand Drumming for Humans Classes**, 3-4pm, Soma Yoga & Living Arts, 409 West State St., Ithaca, Info., www.somayogathaca.com.

**Hangar Theatre Auditions**, by appointment starting at 10am, Hangar Theatre, Interested candidates should email Cody Smith, Casting Assistant, at casting@hangartheatre.org to set up an appointment and submit your headshot and resume. For more information, call the Hangar Business Office at (607) 273-8588, email casting@hangartheatre.org, or visit www.hangartheatre.org.

**IC Music**, 7pm, Hockett Family Recital Hall, Junior Recital: Chelsea Swan, soprano; Info., www.ithaca.edu/music.

**Jazz Dance Class**, 11am, Finger Lakes Fitness Center, 171 E. State St., Center Ithaca, lower level, Beginners. Non-members & drop-ins welcome. Info., 256-3532.

**Kenny Neal**, 8PM (doors open at 7), Center for the Arts, 72 South Main St, Homer, Album of the Year award winning and widely praised bluesman Kenny Neal will be presenting his trademark brand of blues, featuring a combination of funky rhythms and soul-deep vocals, powered by his slashing guitar playing and loping harmonica parts. General admission \$25; Seniors \$20; Students 18+ with valid student ID \$10; Under 18 Free. Call (607)749-4900 for information and to reserve tickets.

**Lifelong Schedule**, 9-12PM, Men's Group, Newcomers Welcome; 9:15AM, Lifelong Radio Show (WHCU 870 AM) Bill Hawley and Joe Cassiniti, Sponsored by Cayuga Medical Center and Tompkins Trust Company; 1:30-3:30PM, Saturday Writing Group, All levels welcome; Info., 273-1511 or www.tclifelong.org.

**MLK Day of Service**, 9am-4pm, Students will perform volunteer service activities throughout the local community, including such organizations as Beechtree Care Center, Level Green Institute and Books Through Bars.

**New England Contra Dance**, 8-11pm, Willard Straight, Cornell, Band: Great Bear Trio, Caller: Sarah Van Norstrand; Open to the public, \$2 students, \$5 others, Info., 272-1008 or email dk429@cornell.edu.

**One Heart Community Drummers**, Open Community Drum Circle, Saturdays 5pm, Lehman Alternative Community School, 111 Chestnut Street, Ithaca, Plenty of Drums to Share, www.oneheartcommunitydrumming.org.

**"Our Brothers, Our Sisters' Table" hot cooked community meal**, 12noon, served at the Salvation Army, 150 N. Albany St. Ithaca. All welcome, No income guidelines.

**Overeaters Anonymous**, 11am-12:15pm, Henry St. John Building, 301 S. Geneva St., #103, corner W. Clinton St., 12 Steps & 12 Traditions meeting; 8-9am, Cortland Memorial Nursing Facility; Meetings are free, confidential, no weigh-ins or diets. Newcomers always welcome. Info 387-8253.

**Saturday Storytime**, 10am, Borders Bookstore, The Shops at Ithaca Mall. We feature new or irresistible tales and fun activities at Borders Kids. Info., call 257-0444.

**Schoenberg's Playlist**, 5-7pm,Music by the

Daedalus Quartet, a special showing of Kandinsky's Small Worlds prints, and refreshments for purchase by Dano's Heuriger. For complete details about the Schoenberg festival, visit www.music.cornell.edu/calendar. Free. For more information, please call (607) 255-6464.

**Sciencenter Showtime!**, 2pm, 601 First St., Ithaca, See science in action with an interactive presentation every Saturday at 2 p.m. Included with admission, www.sciencenter.org or 607-272-0600.

**Secular Organizations for Sobriety Meeting**, 2pm, Unitarian Church Offices, Basement at Aurora and Buffalo Streets, S.O.S offers a secular approach to recovery based on self-empowerment and individual responsibility for one's sobriety.

**Seidaiko "Taiko" Japanese Drum Classes**, 4pm, World Seishi Karate, 989 Dryden Rd., Info., www.seishihonbu@verizon.net or 277-1047.

**Spaghetti Dinner**, 4-7pm, Groton American Legion, There will be Spaghetti and meatballs, salad, bread and dessert. Cost is \$7 for adults, and 12-under are \$5. Takeouts are available, and advance tickets can be bought from any Troop 77 scout. Benefits their summer 2011 High-Adventure trip to Philmont, New Mexico.

**Staged Reading of Sam Sheppard's True West**, 8:30pm, Buffalo Street Books, 215 N. Cayuga St., Ithaca, Tickets \$8ea., Info., 273-8246, www.thereaderstheatre.blogspot.com.

**Swampcats**, 10pm, Kilpatrick's Publick House, Hilton Garden Inn, Ithaca, Info., 277-8900.

**Toddlers Yoga**, Namasts Montessori School, 1-1:45pm. Walkers-3. Info 273-1673 or littlebuddhasyoga@gmail.om. 1608 Trumansburg Rd.

**Tot Spot**, 9:30-11:30am, Ithaca Youth Bureau, Mid October thru Late April. Indoor stay and play for children 5 months to 5 years & grown-ups of any age. Children ages 5 months to 1 year: \$2; Children ages 1 year to 5 years: \$3; Adults always FREE! Frequent Visit Discount Passes Available for Recreation Partnership Residents, Info., 273-8364.

**Tween Night**, 6:30-9:30pm, Cortland YMCA, 22 Tompkins St., Games, Food, Contests, Fun, DJ, Dancing, YMCA Members Free/Community Members \$5, Info., 756-2893, www.CortlandYMCA.org.

**Winter Farmer's Market**, Each Saturday 11am-2pm through the end of February, The Women's Community Building is located on the corner of Seneca and Buffalo Streets. Lots of vegetables, hot food, pastries and gift items.

## 30 Sunday

**Absolute Beginner Modern Dance**, 11:30am-12:45pm, City Health Club, 402 W. Green St., Ithaca. Info., www.movingjoystudios.com or call Maren Waldman; maren@movingjoystudios.com, 607-227-7422.

**Bed & Sofa**, 4pm, The Kitchen Theatre, 417 W. State / MLK, Jr. Street, Ithaca, A story of love and feminism that was way ahead of its time. The KTC production will star long-time favorite Erica Steinhagen, and Susannah Berryman will direct. Info., information@kitchentheatre.org.

**Booktondale Volunteer Fire Company Pancake Breakfast**, 8am-11am, 786 Valley Rd., Brooktondale.

**Bound For Glory Show**, 8-11, Anabel Taylor Hall, Cornell, with live sets at 8:30, 9:30, and 10:30. All three sets are different. Kids are always welcome. Refreshments are available. For information, call Phil Shapiro at 844-4535, or e-mail pds10@cornell.edu or visit www.wvbr.com.

**Celebrating Poetry!**, Ulysses Philomathic Library, 74 E Main Street, Trumansburg, Reading: The Healing Muse: Poets Respond to Illness and Healing, by a group of poets, Info., 387-5623.

**Conifer Walks**, 2pm, Cornell Plantations, Meet in front of the Brian C. Nevin Welcome Center, in the botanical garden. Free, donations welcome. Walk will last approximately one hour; please dress appropriately for the weather.

**Cornell Cinema**, WSH, 4:30pm, Genius Within: The Inner Life of Glenn Gould; 7:15pm, The Town; For more information visit http://cinema.cornell.edu.

**CU Music**, 3pm, Barnes Hall, Cornell, Features songs by Korngold, Debussy, and Berg; Korngold's Violin Sonata, op. 6; Debussy Nocturnes for piano four hands; and Schoenberg's arrangement of Mahler's Songs of a Wayfarer, scored for chamber ensemble. Performers include guests Rachel Calloway, mezzo-soprano, conductor Jeffery Meyer, and others, with Cornell pianists Xak Bjerken, Miri Yampolsky and Yiran Wang, and violinist Joseph Lin.

**Discovery Sunday**, 1pm, Cayuga Nature Center, 1420 Taughannock Blvd., Ithaca, Each sunday we offer different themed educational programs for the public. Info., www.cayuganaturecenter.org.

**Guided Bird Walk**, 9am, Cornell Lab of Ornithology, 159 Sapsucker Woods Road, Ithaca, October-March, Bring binoculars and a field guide if you have them. There are a few pairs of binoculars available to borrow. Info., (800) 843-BIRD, www.birds.cornell.edu.

**Healing Meditation**, 7-8pm, Ahimsa Yoga Center, Dewitt Mall, Ithaca, \$5 suggested donation, Info., www.ithacayoga.org.

**IC Music**, 1pm, Ford Hall, Ithaca College, Concerto Competition; Info., www.ithaca.edu/music.

**"Our Brothers, Our Sisters' Table" hot cooked community meal**, 3pm, served at the Salvation Army, 150 N. Albany St. Ithaca. All welcome, No income guidelines.

**"Out of Bounds" Radio Show**, hosted by Tish Pearlman will feature MEGHAN BROWN. Brown is an assistant professor of biology at Hobart and William Smith Colleges, 11:30am: WSKG-FM (89.3 Binghamton, 90.9 Ithaca 91.7 Cooperstown/Oneonta, 91.1 Corning/Elmira, 88.7 Hornell/Alfred) Live Stream: Wskg.org.

**Staged Reading of Sam Sheppard's True West**, 6:30pm, Buffalo Street Books, 215 N. Cayuga St., Ithaca, Tickets \$8ea., Info., 273-8246, www.thereaderstheatre.blogspot.com.

**Synchronized Swim Program at YMCA**, 2-3pm, Cortland YMCA, A 6 week program, Info., 756-2893 or at dave@cortlandymca.org.

**Tot Spot**, 3:30-5:30pm, Ithaca Youth Bureau, Mid October thru Late April. Indoor stay and play for children 5 months to 5 years & grown-ups of any age. Children ages 5 months to 1 year: \$2; Children ages 1 year to 5 years: \$3; Adults always FREE! Frequent Visit Discount Passes Available for Recreation Partnership Residents, Info., 273-8364.

## 31 Monday

**Baby Storytime**, 10:30-11am, Tompkins Co. Public Library, Caregivers and newborns up to 15 months old are invited to join us each Monday in the Thaler/Howell Programming Room for stories, songs, and togetherness. October thru April, For more info, 272-4557 ext. 275.

**Candor Food Pantry**, Rt.96, across from Post Office, 2nd & 4th Monday's; 2:30-4:30 pm; 1st, 3rd & 5th Monday's; 5-7pm.

**Continuing Beginning Ballet for Adults**, 5:30-7:30pm, CSMA, 330 E. Martin Luther King Jr./State St., drop-ins welcome, Nathanielsz Dance Studio, Instructor, Miranda Strichartz.

**Cornell Cinema**, WSH, 7pm, I Vitelloni, with intro by Prof Karen Pinkus (Romance Studies); 9:30pm, Never Let Me Go; For more information visit http://cinema.cornell.edu.

**Cortland Youth Center**, Open from 12-9pm. Info: www.cortland.org/youth or call 753-0872.

**Emergency Food Pantry**, 1-3:30pm, Tompkins Community Action, 701 Spencer Rd., Ithaca. Provides individuals and families with 2-3 days worth of nutritious food and personal care items. Info. 273-8816.

**Food Addicts in Recovery Anonymous**, 7-8:30pm, Cayuga Medical Center, 301 Dates Dr., Ithaca, Fourth Floor North Conference Room. Food Addicts in Recovery Anonymous (FA) is a free Twelve Step recovery program for anyone suffering from food obsession, overeating, under-eating and bulimia. Call FA at 781-321-9118 or toll free 1-866-931-6932. Visit our website at www.foodaddicts.org.

**Free "Winter Sprouts" At Mama Goose**, Every Monday, 10:30am, Join the Ithaca Children's Garden on Monday mornings beginning January 24 for Winter Sprouts at Mama Goose, 430 West State St. in Ithaca. Especially for young children ages 2 to 5 and their caregivers, Winter Sprouts features a stories and get-your-hands-dirty activities at 10:30am through the end of February. Explore trees, snow, seeds, birds, flowers, caterpillars and more! For more info: Call (607) 272-2292 x186, or www.ithacachildrengarden.org

**GIAC Teen Program** 4-7pm, 318 N. Albany St., Ithaca, Game Room, Video Games, Open Gym & Field Trips.

**IC Music**, 7pm, Hockett Family Recital Hall, Ithaca College, Faculty Recital: Susan Waterbury, violin. Info., www.ithaca.edu/music.

**Jazz Dance Classes with Nancy Gaspar**, 7:15pm, Finger Lakes Fitness Center, 171 E. State St., Center Ithaca, Non-members & drop-ins welcome. Info 256-3532.

**Jazzercise**, 5:45 & 6:45pm, 119 W Court St., Ithaca. Jazzercise combines dance, resistance training, pilates, yoga, kickboxing and more to create programs for people of every age and fitness level. More info. 288-4040 or www.jazzercise.com.

**Loaves & Fishes Community Kitchen**, 12 Noon, St. John's Church, 210 N Cayuga St., Open to all, no limitations or requirements. Info., www.loaves.org.

**Monday Studio Workshop**, 2:30-4pm, Abovoagogo Art Studio, 409 W. Seneca St., Ithaca, ages 7 and up, Jan. 3rd-March 28th, \$130/10 classes. Info., 262-6562 or visit abovoagogo.com.

**Phil Shapiro's Group Folk Guitar Lessons**, 7pm Beginners, 8pm, Intermediates, International Lounge of Willard Straight Hall. Registration is at the first lesson. Just come, and bring a guitar. Those who are unsure which class is for them should come to both. One will be right. The entire course costs \$60, payable at the first lesson. It is open to the general public. For further information, call Phil Shapiro at 844-4535, or e-mail at pds10@cornell.edu.

**Post Traumatic Stress Disorder Meeting**, 6PM (holidays excluded), The First Baptist Church, Dewitt Park, PTSD Ithaca is an independent, Post Traumatic Stress Disorder support, social, educational and self-help group to assist those individuals who have been diagnosed with or think they may have PTSD.

**Pre-School Story Hour and Craft**, 10am, The SPCA Annex at The Shops at Ithaca Mall.

**Yoga Classes**, 5-6:15pm, Mindful Movement in Community Corners, 903 Hanshaw Rd., Suite 201, Info., 607-592-5493.

**Zen Meditation Practice**, Every Monday 5:30-6:30pm, Anabel Taylor Hall, Cornell, founders Room. Sponsored by the Ithaca Zen Center. Prior sitting experience or attendance of an orientation session required to participate. For information or to schedule an orientation, contact Tony @ 277-1158 or Marissa @ 272-1419.

## Everyday

**Alternatives Free Tax Preparation**, Tax preparation will run from January 18 – April 12, 2011. Tuesday's hours are 10:00 AM – 1:00 PM and 3:00 – 8:00, Wednesdays and Thursdays from 3:00 – 8:00 PM, and Saturdays 10:00 AM – 2:00 PM. Additional hours and sites will also be available in Brooktondale and Dryden. Call 2-1-1 or visit http://www.alternatives.org/vita for details. 2010 income requirements for this free tax preparation service are \$30,000 for singles and \$49,000 for families.

**Cass Park Rink Open Skate**, 701 Taughannock Blvd., Ithaca, Hours: M-F 8:30am-11:30am, 11:45am-2:15pm, 2:30pm-5pm, Friday Evenings: 7:30-10:15pm, Saturday Evenings 1-10pm, Sat & Sun afternoons 2:30pm-5:15pm, \$3 skate rental, Info., 273-1090, www.ci.ithaca.ny.us, Open Oct-April.

**Habitat for Humanity Seeks Partner Families for 2011**, TCHFH is looking for families who currently live in either Tompkins or Cortland County and have been living in either county for at least one year. In addition, the family's income must fall within 30-65% of the county median. Please contact Shannon at shannon.m@habitatnys.org, call 607-898-4148, or visit www.tchabitat.com for more information on application requirements, and the selection process.

**"Play it Again, Ithaca"**, Donate Used Musical Instruments, To donate an instrument or make a financial contribution, contact Beth at 539-3226 or beth4howard@gmail.com. To learn more about the FABG, please contact the Fine Arts Boosters at 277-4631 or president@fabgithaca.org or check our website at www.fabgithaca.org Donations are tax deductible.

**Volunteers Needed**, Ongoing until 1/21/2011, Place: Various Ithaca neighborhoods - please inquire; Time: 2PM, Contact: Suzie Schlough, 272-2292, Email: scs45@cornell.edu, Sponsor: Cornell Cooperative Extension of Tompkins County. More info at www.VolunteerTompkins.org online.

# Submit Your Calendar Listing:

- visit [tompkinsweekly.com](http://tompkinsweekly.com) and click on submissons
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# Rideshare

Continued from page 1

Transportation and Dwight Mengel, chief planner with the Tompkins County Department of Social Services.

“The grant covers the web-based software from Zimride, adapted for use in Tompkins County, the marketing plan, outreach, and enhancements and improvements to the website,” says de Aragón, who is excited to offer this ridesharing program in Ithaca and its surrounding areas. “We need to fill empty seats and improve the efficiency of transportation,” he adds. “And I believe this program will do just that.”

For now, Zimride in Ithaca has no plans to establish additional portals on its site. Still, Zimride and the Rideshare Coalition will continue to identify smaller communities on the Ithaca Zimride website. Says Mengel, “One of the more interesting things we are looking at doing is to help Zimride evolve so that networks in the general public can easily use rideshare for their groups.”

Mengel offers examples such as youth sport leagues, elementary schools and local events including plays, picnics and concerts—all situations in which people are looking to fill available seats in their vehicles. “We are going to stretch Zimride in a way that makes it a greater practical utility for more people, beyond the ‘I’m-going-to-work’ type of trip,” he says.

De Aragón notes that while Zimride in Ithaca will, for the time being, work only with the four established portal structures, large employers such as Cayuga Medical Center and Borg Warner may benefit from having an independent portal on the Ithaca Zimride website.

So far, with minimal outreach, more than 90 people have signed up and have begun either carpooling with others or putting out their requests to carpool. In addition to local carpool options, Zimride members are providing or looking for one-way or round-trip rides to places outside of the Ithaca area, such as New York City, Boston, or

Saratoga Springs.

A primary challenge Tompkins County faces, de Aragón notes, is the limited availability of cost-effective, flexible transportation services in the community, particularly in rural towns and villages. “The existing unmet demand for affordable transportation for youth programs, rural families, limited-income households, persons with disabilities and seniors will be exacerbated when the general public faces new challenges of high fuel prices,” he says. He feels Zimride will address some of these challenges by increasing coordinated, volunteer driver services in the county.

# Town

Continued from page 1

the litter to the gentlemen he called “the suits” who were trying to discourage recycling programs at college campuses.

Fischer also led a successful effort to fight a proposal to develop the shoreline of Stewart Park and extend the Ithaca golf course into the Cornell Biological Station. He was widely published in the Conservationist, Audubon and Ranger Rick magazines and wrote for the local media on environmental issues, too.

Another local giant in environmental awareness, A. Carl Leopold, was last year’s Fischer Award winner. Leopold, a son of the renowned ecologist Aldo Leopold, was the founding president of the Finger Lakes Land Trust. At a tree planting ceremony last May at East Shore Park, town supervisor Herb Engman and the town conservation board presented the award to Lynn Leopold in Carl’s memory (he died in late 2009).

Carl Leopold was the William H. Crocker Scientist Emeritus at Cornell’s Boyce Thompson Institute for Plant Research before his active retirement in 1990. The town’s website says of Leopold, “His clear and ethical vision of the importance of a healthy watershed has left Ithaca a better place, especially in the Sweedler Preserve at Lick Brook and the conservation easements along Six Mile Creek.”

People may not know that the Town of Ithaca has several parks and undeveloped preserves. Smith says, “There’s a variety. There’s quite a few small parks with a little playground in it, that kind of thing. There’s a couple of large parks with play fields and larger structures. And we have three or four nature preserves, just left wild.”

What is the value of this kind of award? Smith says, “The town values the environment and this is a way to honor it and keep it known in the community that people are doing different things to help the environment here.”

Anyone can nominate a person or organization for the eighth annual Richard B. Fischer Environmental Conservation Award. It is desirable but not necessary that the nominees reside or be based in the Town of Ithaca. Nominees should have completed or made progress on projects or activities contributing to the improvement to the town’s environment in the last year.

Nominations may be made in writing, addressed to Conservation Board, 215 N. Tioga Street, Town of Ithaca, Ithaca, NY, 14850 or you can email Environmental Planner Michael Smith at msmith@town.ithaca.ny.us.

# Legislature

Continued from page 2

Stein.”

In Ithaca, Holst-Warhaft was a founding member, in the early 1980s, of O.S.I.P. (Organization for the Singing of International Poetry), a group that lasted for 10 years and was comprised of poets and scholars working on translations of poetry from other languages. Later, she joined other local groups including Ithaca Poets, Madeleine’s Poets and Aladdin’s Lunch.

She was poetry editor of Bookpress and has given a number of readings in Ithaca, New York City, San Francisco and Athens. The new Poet Laureate calls Ithaca “one of the most fortunate cities in the United States” in terms of poetry, with a lively local poetry scene and nationally acclaimed poets on

the faculty at both Cornell and Ithaca College, who have inspired hundreds of young poets.

As Poet Laureate, Holst-Warhaft says she will work to build greater interaction between the local poetry scene and poets who teach at the colleges, organize events combining poetry and music, showcase the poetry of immigrant communities in the County support the efforts of Ithaca City of Asylum to keep Ithaca a refuge for persecuted writers, and work with the Ithaca school district to bring poets into the schools.

# Stages

Continued from page 8

dent recitals upcoming is violinist Susan Waterbury and pianist Charis Dimaras, in Beethoven’s Kreutzer Sonata and the Shostakovich Violin Sonata (Jan. 31, Whalen Center).

Tomorrow night you can catch Bryan Adams at the State in his “Bare Bones Tour.” Dan Smalls has some great shows lined up all around town in February, including the return of Sharon Jones and the Dap-Kings (with Charles Bradley) at the State (Feb. 3).

The eclectic “My Brightest Diamond,” led by Shara Worden (“Bring Me the Workhorse,” “A Thousand Shark’s Teeth”) plays Castaways on Jan. 30.

Smalls has also teamed up again with Cornell Cinema to bring a live music and film event to town. “Spark of Being” is a reimaging of the Frankenstein myth by experimental filmmaker Bill Morrison (Decasia) to live music scored by jazz trumpeter Dave Douglas and performed by Douglas’ sextet, Keystone (Feb. 4, 7:30 p.m., Cornell Cinema.) Ticket information at dansmallspresents.com.

The Kitchen Theatre just opened “Bed and Sofa” by Polly Pen and Laurence Klavan; it continues through Feb. 6.

The Readers Theater offers Sam Shepard’s comically lacerating “True West” (Buffalo Street Books, Jan. 28–30) starring R.M. Fury, Gary Weissbrot, Leigh Keeley and Brett Bossard.



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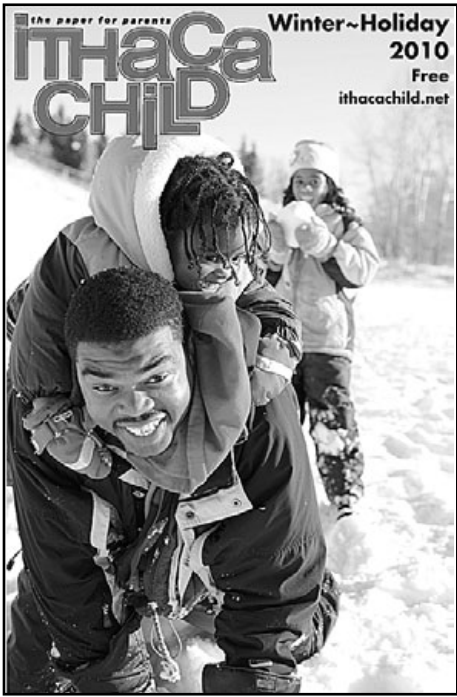
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## Announcements

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**Volunteers Needed:** Contact Southworth Library, W. Main St.,

Dryden. Call 844-4782 for info.



## Traveling?

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## Employment

**Problems at work?** Know Your Rights! Contact 607-269-0409 [www.TCWorkersCenter.org](http://www.TCWorkersCenter.org)

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**The Mary Durham Boutique** is a training program through the Women's Opportunity Center & a boutique selling new & used clothing to the public! Check us out from 10-5 Tues-Sat at 110 West Court St, 256-9957

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Interested in writing for  
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